



PREVENT. PROMOTE. PROTECT.

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NEWS

First Case of H1N1 Confirmed in Hamilton County *21 year old male recovering at home*

HAMILTON COUNTY, OHIO (5/14/09) – The Hamilton County Public Health announced on May 14, 2009 the first confirmed case of H1N1 in Hamilton County.

There was no travel history to Mexico. The 21 year old male is recovering at home. Health officials from Hamilton County Public Health are investigating the case, and evaluating those who have come into contact with the infected individual for prevention and treatment measures, if needed.

“We do expect to see more cases of this illness in the coming days and weeks,” said Tim Ingram, Health Commissioner. “This outbreak poses the potential to be at least as serious as seasonal flu, if not more so, especially given the fact that there currently is no vaccine against this virus and there is no immunity against this virus in the population.”

The symptoms of H1N1 are similar to seasonal influenza and may include coughing, diarrhea, fever, lack of appetite, lethargy, nausea, runny nose, sore throat and vomiting.

The virus is spread mainly from person-to-person through coughing or sneezing of people with influenza. Sometimes people may become infected by touching something with flu viruses on it and then touching their mouth or nose.

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NEWS

To prevent the spread of swine flu, the Centers for Disease Control and Prevention recommends that individuals:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Try to avoid close contact with sick people.

As of May 13 there are a total of 4,298 confirmed and probable cases in 46 states and the District of Columbia.

For more information on H1N1, please visit
www.hamiltoncountyhealth.org

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