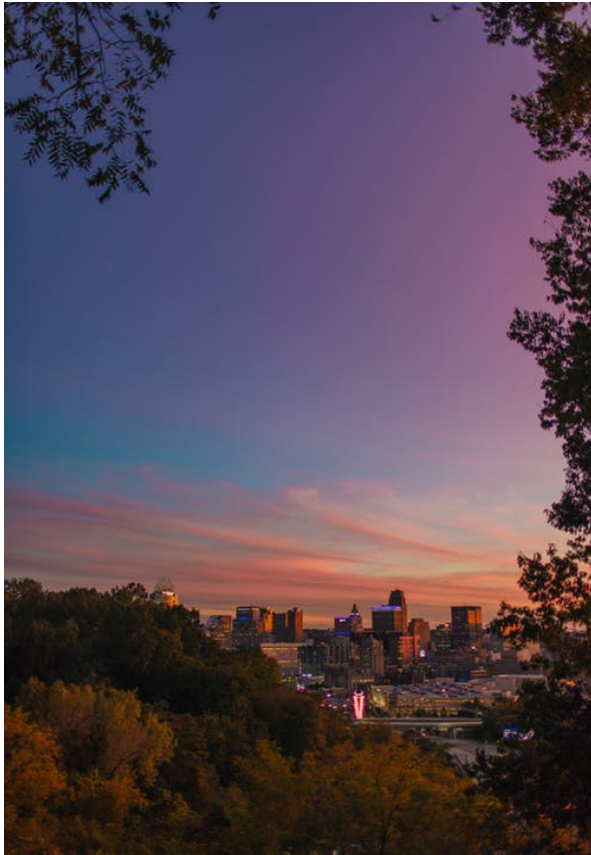


# 2020 Health & Preparedness Observances



**HAMILTON COUNTY  
PUBLIC HEALTH**

PREVENT. PROMOTE. PROTECT.

**Hamilton County  
Public Health  
250 William Howard  
Taft  
2nd Floor  
Cincinnati, Ohio  
45219**

**Phone: 513-946-7800**

**Web: HCPH.org**

**Social: HamCoHealth**



# January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Monthly Awareness</b> Cervical Cancer Screening Cervical Health Awareness Clap4Health Healthy Baby National Birth Defects Prevention	National Blood Donor National Glaucoma Awareness National Radon Action National Slavery & Human Trafficking Prevention National Stalking Awareness	National Train Your Dog National Winter Sports Traumatic Brain Injury Awareness Thyroid Awareness Walk Your Pet	1 New Year's Day (Closed)	2 National Pet Travel Safety Day	3	4
5	6	7	8	9	10	11 National Human Trafficking Awareness Day
12	13 National Clean off your Desk Day	14	15	16	17	18
19 19-25 Healthy Weight Week	20 Martin Luther King, Jr. Day (Closed)	21	22	23 Women's Healthy Weight Day	24	25 Chinese New Year National IV Nurses Day
26	27	28 Have Fun at Work Day	29	30	31	

# February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Monthly Awareness</b> Age-related Macular Degeneration Awareness AMD/Low Vision Awareness American Heart Black History Dog Training Education Kids ENT Health National Cancer Prevention						1
<b>2 Groundhog Day</b> World Wetlands Day Super Bowl #SuperBowlLIII 2-8 National Burn Awareness Week	<b>3</b> National Women Physician Day #IamBlackwell	<b>4</b> World Cancer Day	<b>5</b> National Girls and Women in Sports Day #NGWSD	<b>6</b>	<b>7</b> Give Kids A Smile® Day National Black HIV/AIDS Awareness Day #NBHAAD National Wear Red Day 7-14 Congenital Heart Defect Awareness Week	<b>8</b>
<b>9</b> 9-15 Cardiovascular Professionals Week 9-15 National Cardiac Rehabilitation Week	<b>10</b> 10-14 Sexual & Reproductive Health Awareness Week	<b>11</b>	<b>12</b> Sexual & Reproductive Health Awareness Day	<b>13</b> International Condom Day	<b>14 St. Valentine's Day</b> Congenital Heart Defect Day #LoveYourHeartDay National Donor Day 14-21 #CondomWk	<b>15</b>
<b>16</b> 16-22 Through with Chew Week	<b>17 President's Day (Closed)</b>	<b>18</b>	<b>19</b>	<b>20</b> Great American Spit Out #GASPO Love your Pet Day	<b>21</b>	<b>22</b> National Heart Valve Disease Awareness Day Walking the dog Day
<b>23</b>	<b>24</b> 24-Mar 1 National Eating Disorders Awareness Week #NEDawareness	<b>25</b>	<b>26 Ash Wednesday</b>	<b>27</b>	<b>28</b>	<b>29</b> Leap Day Rare Disease Day

# March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Baby Sleep Day Self-injury Awareness Day 1-8 National Sleep Awareness Week	2 2-6 National School Breakfast Week	3 World Birth Defects Day	4	5	6	7
8 <i>DST Begins</i> International Women's Day 8-14 National Groundwater Awareness Week 8-14 Patient Safety Awareness Week 8-14 National Pulmonary Rehabilitation Week	9	10 National Women & Girls HIV/AIDS Awareness Day #NWGHAAD	11 Registered Dietitian Nutritionist Day World Plumbing Day	12 World Kidney Day	13 World Sleep Day	14 #PiDay
15 15-21 National #PoisonPrevention Week	16 16-22 Brain Awareness Week	17 <i>St. Patrick's Day</i>	18 Take Down Tobacco National Day of Action #TakeDownTobacco	19 <i>Spring begins</i> National Certified Nurses Day	20 National Native American HIV/AIDS Awareness Day #NNAHAAD  World Oral Health Day	21
22 World Water Day 22-28 Flood Awareness Week 22-28 Ohio's Spring Severe Weather Awareness Wk	23 National Puppy Day 23-27 LGBT Health Awareness Week	24 American Diabetes Association Alert Day  World Tuberculosis Day #TBday	25 Ohio Tornado Drill 9:50 a.m.	26 Epilepsy Awareness Day #PurpleDay	27	28
29	30 Nat'l Doctors' Day National Take a Walk in a Park Day 30-Apr 5 National Drug & Alcohol Facts Week® 30-Apr 3 National Youth Violence Prevention Week	31	Monthly Awareness Athletic Training Bisexual Health #BiHealthMonth Brain Injury Awareness Healthy Baby Hemophilia Awareness LGBTQ Health Awareness Lyme Disease Awareness		National Colorectal Cancer Awareness National Developmental Disabilities Awareness National Endometriosis Awareness National Kidney National MS Education & Awareness National Poison Prevention Nutrition	Problem Gambling Awareness Save Your Vision TB Awareness Women's History Workplace Eye Wellness



# April 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Monthly Awareness</b> ASPCA's Prevention of Cruelty to Animals Defeat Diabetes Distracted Driving Awareness Earth Month Foot Health Awareness Get Yourself Tested #GYTmonth	IBS Awareness National Autism Awareness National Child Abuse Prevention National Donate Life National Facial Protection National Minority Health & Health Disparities National Pet First Aid Awareness		1 <a href="#">April Fool's Day</a> National Walking Day	2 World Autism Awareness Day	3	4
5 5-11 Bat Appreciation Week 5-11 National Dog Bite Prevention Week	6 6-12 National Public Health Week #NPHW	7 SAAM #DayOfAction World Health Day	8 <a href="#">Passover (begins)</a> #WearBlueDay (child abuse prevention)	9 National Alcohol Screening Day #NASD	10 National Youth HIV & AIDS Awareness Day #NYHAAD	11 National Pet Day
12 <a href="#">Easter</a> 12-18 National Public Safety Telecommunications Week	13	14	15 Transplant Nurses Day	16 <a href="#">Passover (ends)</a> National Healthcare Decisions Day WeTHRIVE! Day (Cincinnati)	17 #BatAppreciationDay World Hemophilia Day	18 National Transgender HIV Testing Day #NTHTD
19 19-25 Animal Cruelty/Human Violence Awareness Week 19-25 National Volunteer Week	20 20-24 Bed Bug Awareness Week 20-24 Every Kid Healthy Week	21	22 <a href="#">Earth Day</a> Administrative Professionals Day	23 <a href="#">Ramadan (begins)</a> Take our Daughters and Sons to Work Day	24 Arbor Day World Meningitis Day 24-30 World Immunization Week	25 Hug A Plumber Day National Pool Opening Day 25-May2 National Infant Immunization Week #NIIW 25-May2 Vaccination Week In The Americas
26 National Kids and Pets Day National Pet Parents Day	27 27-1 Air Quality Awareness Week	28 World Day for Safety and Health at Work	29	30 America's PrepareAthon! Spring National Day of Action	Occupational Therapy <b>Public Health</b> Rosacea Awareness Sexual Assault Awareness Month of Action Sports Eye Safety Awareness STI/STD Awareness #STImonth Stress Awareness	Testicular Cancer Awareness Women's Eye Health & Safety

# May 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Monthly Awareness</b> ALS Awareness Arthritis Awareness Asian & Pacific Islander Heritage Asthma & Allergy Awareness Better Sleep Bike	Cancer Detection & Prevention Clean Air Global Employee Health & Fitness Global Youth Traffic Safety Healthy Vision Hepatitis Awareness Huntington's Disease Awareness	Lupus Awareness Melanoma Detection & Prevention Mental Health National Celiac Disease Awareness National Critical Care Awareness & Recognition	National High Blood Pressure Education National Osteoporosis Older Americans Oncology Nursing Skin Neurofibromatosis Awareness	1 1-7 National Physical Education & Sport Week #Shape50Million	2	
3 3-9 Drinking Water Week 3-9 National Pet Week 3-9 Public Service Recognition Week 3-9 N. American Occupational Safety & Health Week	4 Melanoma Monday 4-8 National Safety Stand-Down	5 <a href="#">Cinco de Mayo</a> World Asthma Day World Hand Hygiene Day	6 National Bike to School Day National Get Fit Don't Sit Day National Nurses Day National School Nurse Day 6-12 Nat'l Nurses Week	7	8	9 National Animal Disaster Preparedness Day
10 <a href="#">Mother's Day</a> World Lupus Day 10-16 National Women's Health Week 10-16 National Women's Lung Health Week 10-16 Nat'l Prevention Week	11 National Women's Check-up Day 11-15 Bike to Work Week	12 International Nurses Day National Fibromyalgia Awareness Day	13 <a href="#">#513day (Cincinnati)</a>	14	15 National Bike to Work Day	16 <a href="#">Armed Forces Day</a> National Learn to Swim Day National Piercing Day
17 World Hypertension Day 17-23 National Emergency Medical Services Week 17-23 Neuroscience Nurses Week	18 HIV Vaccine Awareness Day 18-24 Healthy and Safe Swimming Week	19 National Asian & Pacific Islander HIV/AIDS Awareness Day National Hepatitis Testing Day	20 Emergency Medical Services for Children Day National Employee Health & Fitness Day World Autoimmune & Autoinflammatory Arthritis Day	21	22 Don't Fry Day National Gout Awareness Day	23 <a href="#">Ramadan (ends)</a>
24	25 <a href="#">Memorial Day (Closed)</a>	26	27 National Senior Health & Fitness Day	28	29	30 World MS Day
31 World No Tobacco Day						

# June 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 1-7 National CPR & AED Awareness Week	2	3 Global Running Day	4	5 HIV Long-term Survivors Day World Environment Day	6 D-Day National Gardening Exercise Day
7 National Cancer Survivors Day National Animal Rights Day 7-13 Community Health Improvement Week 7-13 Pet Appreciation Week	8 Caribbean-American HIV/AIDS Awareness Day	9	10	11	12	13 National Weed your Garden Day NRPA Family Health & Fitness Day
14 <a href="#">Flag Day</a> International Children's Day World Blood Donor Day	15 15-21 National Men's Health Week	16	17 National Eat Your Vegetables Day	18	19 World Sickle Cell Day	20 <a href="#">Summer begins</a>
21 <a href="#">Father's Day</a> International Day of Yoga National Selfie Day 21-27 Lightning Safety Awareness Week 21-27 National Mosquito Control Awareness Week	22 Take Your Cat to Work Day 22-26 Take Your Pet to Work Week	23	24	25	26 International Day against Drug Abuse & Illicit Trafficking Take Your Dog to Work Day	27 National HIV Testing Day National Sunglasses Day PTSD Awareness Day
28 International Body Piercing Day	29	30 Social Media Day #SMday	<div> <b>Monthly Awareness</b>            Alzheimer's &amp; Brain Awareness            Caribbean American Heritage            Cataract Awareness            Congenital Cytomegalovirus Awareness            Extreme Heat Safety Awareness            Fireworks Eye Safety            Gay Pride         </div> <div>           Hernia Awareness            Lightning Safety Awareness            Men's Health            Myasthenia Gravis Awareness            National Aphasia Awareness            National CPR/AED Awareness            National Great Outdoors            National Migraine &amp; Headache Awareness         </div> <div>           National Pet Preparedness            National Safety            National Scleroderma Awareness            PTSD Awareness         </div>			

# July 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Monthly Awareness</b> Cord Blood Awareness Fireworks Safety International Group B Strep Awareness Juvenile Arthritis Awareness National Cleft & Craniofacial Awareness & Prevention National Minority Mental Health Awareness National Park & Recreation			UV Safety	1	2	3 (Closed in honor of Independence Day) Stay Out of the Sun Day 4 Independence Day Freedom from Tobacco Day
5	6 6-12 National Childhood Obesity Week	7	8	9	10	11 National Swimming Pool Day
12	13	14	15 National Pet Fire Safety Day	16	17 National Tattoo Day	18
19	20	21 National Clinicians HIV/AIDS Testing & Awareness Day	22	23	24	25
26 Parents' Day	27	28 World Hepatitis Day	29	30 World Day against Trafficking in Persons	31 Heat Stroke Prevention Day National Mutt Day (and 12/2)	



# August 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Monthly Awareness</b> Cataract Awareness Children's Eye Health & Safety National Breastfeeding National Immunization Awareness #NIAM2020 National Water Quality #NWQM2020 Neurosurgery Awareness						1 National Girlfriends Day World Lung Cancer Day 1-7 World Breastfeeding Week
2 2-8 National Health Center Week #NIAM2020 Week 1	3	4	5	6	7	8 International Cat Day
9 International Day of the World's Indigenous Peoples #NIAM2020 Week 2	10 Spoil Your Dog Day	11	12	13	14	15
16 #NIAM2020 Week 3	17 Black Cat Appreciation Day	18	19	20 World Mosquito Day	21	22
23 #NIAM2020 Week 4 23-29 World Water Week	24	25	26 National Dog Day Women's Equality Day	27	28	29
30 #NIAM2020 Week 5	31 Overdose Awareness Day					

# September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Monthly Awareness</b> Baby Safety Awareness Blood Cancer Awareness Cat Month Childhood Cancer Awareness Farmers' Market Fruit & Veggies—More Matters	Gynecologic Cancer Awareness Healthy Aging Infant Mortality Awareness International Clean Hands Awareness National Atrial Fibrillation Awareness	1 1-7 National Childhood Injury Prevention Week	2	3	4 World Sexual Health Day	5
6 6-12 National Suicide Prevention Week	7 <b>Labor Day (Closed)</b>	8	9 Fetal Alcohol Syndrome Awareness Day #FASday	10 World Suicide Prevention Day	11 <b>Patriot Day</b> 9/11 Day of Service and Remembrance	12
13 <b>Grandparents Day</b>	14 14-18 Septic Smart Week	15 #GetReadyDay National Neonatal Nurses Day	16 National School Backpack Awareness Day #NSBAD	17	18 <b>Rosh Hashanah (begins)</b> National HIV/AIDS and Aging Awareness Day	19 Responsible Dog Ownership Day
20 <b>Rosh Hashanah (ends)</b> 20-26 Balance Awareness 20-26 Child Passenger Safety 20-26 Int'l Clean Hands 20-26 Prostate Cancer Awareness Weeks 20-26 National Dog Week	21 World Alzheimer's Day	22 <b>Autumn begins</b> Falls Prevention Awareness Day	23	24	25 Native American Day	26 <b>HCPH Birthday</b> Family Health & Fitness Day USA National Seat Check Saturday World Environmental Health Day
27 <b>Yom Kippur (begins)</b> National Gay Men's HIV/AIDS Awareness Day #NGMHAAD	28 <b>Yom Kippur (ends)</b> World Rabies Day	29 World Heart Day	30 America's PrepareAthon! Fall National Day of Action National Women's Health and Fitness Day	National Childhood Obesity Awareness National Cholesterol Education Awareness National Food Safety National Pediculosis/Head Lice Prevention National Preparedness	National Recovery Newborn Screening Awareness Ovarian Cancer Awareness Pain Awareness Prostate Health Awareness Responsible Dog Ownership Awareness	Rey's Syndrome Awareness Sexual Health Awareness National Sickle Cell Disease Awareness Thyroid Cancer Awareness National Traumatic Brain Injury Awareness World Alzheimer's

# October 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Monthly Awareness</b> Chiropractic Health Domestic Violence Awareness Eat Better Eat Together Eye Injury Prevention Farm to School #F2Smouth Halloween Safety Health Literacy	Home Eye Safety Let's Talk Month (Sex Ed) Liver Awareness National Animal Safety & Protection National Breast Cancer Awareness National Bullying Prevention National Children's Health	Nat'l Down Syndrome Awareness National Family Health Nat'l Family Sexuality Education National Medical Librarians Patient-Centered Care Awareness National Pet Wellness National Physical Therapy Safe Sleep for Babies	SIDS, Pregnancy & Infant Loss Awareness "Talk About Your Medicines" International Walk to School Workplace Wellness	1 1-7 National Walk Your Dog Week	2 <a href="#">Sukkot (begins)</a>	3
4 World Animal Day 4-10 Animal Welfare Week 4-10 Fire Prevention Week 4-10 Mental Illness Awareness Week	5 Child Health Day 5-11 Active Aging Week	6 6-12 National Physician Assistants Week #PAweek	7 International Walk to School Day	8 National Depression Screening Day	9 <a href="#">Sukkot (ends)</a>	10 #WorldMentalHealthDay
11 Come Out Day International Day of the Girl 11-17 National Case Management Week 11-17 Emergency Nurses Week #ENweek 11-17 International Infection Prevention Week #IIPW	12 <a href="#">Columbus Day</a> World Arthritis Day	13 International Day for Disaster Reduction	14 Emergency Nurses Day Health Cares About Domestic Violence Day Stop America's Violence Everywhere Today #SAVEtoday	15 Global Handwashing Day Great Central US Shakeout at 10:15a National Latinx AIDS Awareness Day #NLAAD Pregnancy and Infant Loss Awareness Day	16 World Food Day Global Cat Day Nat'l Mammography Day	17 <a href="#">Sweetest Day</a>
18 18-24 National Health Education Week	19 19-23 Medical Assistants Recognition Week #MARweek	20	21 Medical Assistants Recognition Day #MARday	22	23 Lock Your Meds Day 23-31 Red Ribbon Week (drug prevention)	24
25 Respiratory Care Week #RCweek20	26	27 National Black Cat Day	28	29 National Cat Day World Psoriasis Day	30 International Orthopedic Nurses Day	31 <a href="#">Halloween</a>

# November 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <b>DST Ends</b> 1-7 Medical-Surgical Nurses Week 1-7 National Diabetes Education Week 1-7 National Medical Staff Services Awareness Week	2 2-6 Patient Blood Management Awareness Week	3 <b>Election Day</b> One Health Day	4	5	6	7
8 8-14 National Nurse Practitioner Week #NPweek	9	10	11 <b>Veterans Day (Closed)</b>	12 World Pneumonia Day	13	14 World Diabetes Day
15 America Recycles Day National Clean out your Refrigerator Day 15-21 Ohio's Winter Safety Awareness Week	16	17 National Take a Hike Day World Prematurity Day	18	19 Great American Smokeout #GASo World Toilet Day	20 Universal Children's Day World COPD Day	21
22	23 International Survivors of Suicide Day Public Health Thank You Day	24	25	26 <b>Thanksgiving (Closed)</b> National Family Health History Day	27 <b>Black Friday (Closed)</b>	28
29	30	<b>Monthly Awareness</b> National Alzheimer's Disease Awareness American Diabetes COPD Awareness Diabetic Eye Disease Awareness National Epilepsy Awareness National Family Caregivers Great American Smokeout #GASO Lung Cancer Awareness Native American & Alaska Native Heritage National Bladder Health Awareness National Healthy Skin National Home Care & Hospice National Hospice Palliative Care National Pancreatic Cancer National Pet Awareness National Pet Diabetes National Stomach Cancer Awareness Prematurity Awareness Sexual Health Winter Storm Preparedness				

# December 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Monthly Awareness</b> International AIDS Awareness National Drunk & Drugged Driving Prevention National Handwashing Awareness Safe Toys & Celebrations Safe Toys & Gifts		1 World AIDS Day	2 National Mutt Day (and 7/31)	3 International Day of Persons with Disabilities	4	5
6 <a href="#">St. Nick Day</a> 6-12 National Handwashing Awareness Week 6-12 National Influenza Vaccination Week #NIVW	7 <a href="#">Pearl Harbor Remembrance Day</a> 7-11 National Older Driver Safety Awareness	8	9	10 <a href="#">Hanukkah (begins)</a> Human Rights Day	11	12
13	14	15	16	17	18 <a href="#">Hanukkah (ends)</a>	19
20	21 <a href="#">Winter begins/Yule</a>	22	23 <a href="#">Festivus</a>	24	25 <a href="#">Christmas Day (Closed)</a>	26 <a href="#">Kwanzaa (begins)</a>
27	28	29	30	31 <a href="#">New Year's Eve</a>		

## January

1 New Year's Day  
2 National Pet Travel Safety Day  
11 National Human Trafficking Awareness Day  
13 National Clean off your Desk Day (2<sup>nd</sup> M)  
19-25 Healthy Weight Week (3<sup>rd</sup> full week, Su-Sa)  
20 Martin Luther King (Third M)  
23 Women's Healthy Weight Day (Th of the 3<sup>rd</sup> full week)  
25 Chinese New Year (varies)  
25 National IV Nurses Day  
28 Have Fun At Work Day (or next closest work week day)

## February

2 Groundhog Day  
2 Super Bowl Sunday – Food Safety  
2 World Wetlands Day  
2-8 National Burn Awareness Week (1<sup>st</sup> full wk)  
3 National Women Physician Day  
4 World Cancer Day  
5 National Girls and Women in Sports Day (1<sup>st</sup> W)  
7 Give Kids A Smile® Day  
7 National Black HIV/AIDS Awareness Day  
7 National Wear Red Day  
9-15 Cardiovascular Professionals Week (2<sup>nd</sup> full week)  
9-15 National Cardiac Rehabilitation Week (2<sup>nd</sup> full wk)  
10-14 Sexual and Reproductive Health Awareness Week (Week of Feb 12, M-F)  
12 Sexual and Reproductive Health Day  
13 International Condom Day  
14 Congenital Heart Defect Day  
14 Love Your Heart Day  
14 National Donor Day  
14 Valentine's Day  
14-21 Condom Week (8 days beginning on 14th)  
16-22 Through With Chew Week (3<sup>rd</sup> full week)  
17 Presidents Day (3<sup>rd</sup> Monday)  
20 Great American Spit Out (Thurs of 3<sup>rd</sup> full wk)

20 Love Your Pet Day  
22 National Heart Valve Disease Awareness Day  
22 Walking the Dog Day  
24-Mar 1 National Eating Disorders Awareness Week (last week, even if it crosses to next month, M-Su)  
29 Leap Day  
29 Rare Disease Day (Last day of February)

## March

1 Baby Sleep Day  
1 Self-injury Awareness Day  
1-8 National Sleep Awareness Week (week before DST begins, Su-Su)  
2-6 National School Breakfast Week (1<sup>st</sup> full week, M-F)  
3 World Birth Defects Day  
8 Daylight Saving Begins (2<sup>nd</sup> Su)  
8 International Women's Day  
8-14 National Groundwater Awareness Wk (2<sup>nd</sup> full wk)  
8-14 Patient Safety Awareness Week  
8-14 National Pulmonary Rehabilitation Week (2<sup>nd</sup> full wk)  
10 National Women and Girls HIV/AIDS Awareness Day  
11 Registered Dietitian Nutritionist Day (2<sup>nd</sup> W)  
11 World Plumbing Day  
12 World Kidney Day (2<sup>nd</sup> Th)  
13 World Sleep Day (Friday before Spring Vernal Equinox)  
14 Pi Day  
15-21 National Poison Prevention Week (3<sup>rd</sup> full week)  
16-22 Brain Awareness Week (3<sup>rd</sup> week, M-Su)  
17 Saint Patrick's Day  
18 Take Down Tobacco National Day of Action (3<sup>rd</sup> W)  
19 National Certified Nurses Day  
19 Spring Begins (19, 20 or 21, vernal equinox)  
20 National Native American HIV/AIDS Awareness Day  
20 World Oral Health Day  
22 World Water Day  
22-28 Flood Awareness Week (4<sup>th</sup> week, Su-Sa)  
22-28 Ohio's Spring Severe Weather Awareness Week (4<sup>th</sup> week, Su-Sa)

23 National Puppy Day  
23-27 LGBT Health Awareness Week (last week, M-F)  
24 American Diabetes Association Alert Day (4<sup>th</sup> Tu)  
24 World Tuberculosis Day  
25 Ohio Tornado Drill 9:50 a.m. (W of 3<sup>rd</sup> or 4<sup>th</sup> full week)  
26 Epilepsy Awareness Day  
30 National Doctors' Day  
30 National Take a Walk in a Park Day  
30-April 3 National Youth Violence Prevention Week (varies, M-F)  
30-Apr 5 National Drug & Alcohol Facts Week (4<sup>th</sup> Work Week, Tu-Su)

## April

1 April Fool's Day  
1 National Walking Day (1<sup>st</sup> W)  
2 World Autism Awareness Day  
5-11 Bat Appreciation Week (1<sup>st</sup> full week)  
5-11 Dog Bite Prevention Week (2<sup>nd</sup> week)  
6-12 National Public Health Week (1<sup>st</sup> full week, M-Su)  
7 SAAM Day Of Action (1<sup>st</sup> Tu)  
7 World Health Day  
8 Wear Blue Day (2<sup>nd</sup> W)  
8-16 Passover (Night of a full moon after the northern vernal equinox; lasts 7-8 days)  
9 Nat'l Alcohol Screening Day (Thurs of the 1<sup>st</sup> full wk)  
10 National Youth HIV & AIDS Awareness Day  
11 National Pet Day  
12 Easter (1<sup>st</sup> Sunday after the 1<sup>st</sup> full moon occurring on or after the March equinox)  
12-18 National Public Safety Telecommunications Week (2<sup>nd</sup> full week)  
15 Transplant Nurses Day (3<sup>rd</sup> W)  
16 National Healthcare Decisions Day  
16 WeTHRIVE Day (Cincinnati)  
17 Bat Appreciation Day  
17 World Hemophilia Day  
18 National Transgender HIV Testing Day



19-25 Animal Cruelty/Human Violence Awareness Week (3<sup>rd</sup> full week)  
 19-25 National Volunteer Week (2<sup>nd</sup> or 3<sup>rd</sup> week)  
 20-24 Every Kid Healthy (4<sup>th</sup> week, M-F)  
 20-24 Bed Bug Awareness Week (4<sup>th</sup> week, M-F)  
 22 Administrative Professionals (W of last full week)  
 22 Earth Day  
 23 Take our Daughters and Sons to Work Day (4<sup>th</sup> Th)  
 23 Ramadan (begins - varies)  
 24 Arbor Day (Last F)  
 24 World Meningitis Day  
 24-30 World Immunization Week (Last week, F-Th)  
 25 Hug a Plumber Day  
 25 National Pool Opening Day (Last Sa)  
 25-May 2 National Infant Immunization Week (Starting 3<sup>rd</sup> or 4<sup>th</sup> Sa - can cross into next month - Sa-Sa)  
 25-May 2 Vaccination Week In The Americas (Last full week – Sa-Sa)  
 26 National Kids and Pets Day  
 26 National Pet Parents Day (Last Su)  
 27-May 1 Air Quality Awareness Week (Last week even if it crosses to May, M-F)  
 28 World Day for Safety and Health at Work  
 30 America's PrepareAthon National Spring Day of Action

## May

1-7 National Physical Education & Sport Week  
 3-9 Drinking Water Week (1st full week)  
 3-9 National Pet Week (1st full week)  
 3-9 North American Occupational Safety & Health Week (1<sup>st</sup> full week)  
 3-9 Public Service Recognition Week (1<sup>st</sup> full week)  
 4 Melanoma Monday (1st M)  
 4-8 National Safety Stand-Down (2<sup>nd</sup> week, M-F)  
 5 Cinco De Mayo  
 5 World Asthma Day (1st Tu)  
 5 World Hand Hygiene Day  
 6 National Bike to School Day (2nd W)

6 National Get Fit Don't Sit Day (1st W in May)  
 6 National Nurses Day  
 6 National School Nurse Day (Wed of National Nurses Week)  
 6-12 National Nurses Week  
 9 National Animal Disaster Preparedness Day (2nd Sa)  
 10 Mother's Day (2nd Su)  
 10 World Lupus Day  
 10-16 National Women's Health Week (begins on Mother's Day)  
 10-16 National Women's Lung Health Week (2nd full week)  
 10-16 National Prevention Week--SAMHSA (3<sup>rd</sup> week)  
 11 National Women's Check-up Day  
 11-15 National Bike to Work Week (3rd wk, M-F)  
 12 International Nurses Day  
 12 National Fibromyalgia Awareness Day  
 13 513 Day (Cincinnati)  
 15 National Bike to Work Day (Friday of 3rd week)  
 16 Armed Forces Day (3rd Sa)  
 16 National Learn to Swim Day (3rd Sa)  
 16 National Piercing Day  
 17 World Hypertension Day  
 17-23 National Emergency Medical Services Week (3rd week)  
 17-23 Neuroscience Nurses Week (3rd full week)  
 18 HIV Vaccine Awareness Day  
 18-24 Healthy & Safe Swimming Week (week before Memorial Day, M-Su)  
 19 National Asian and Pacific Islander HIV/AIDS Awareness Day  
 19 National Hepatitis Testing Day  
 20 Emergency Medical Services for Children Day (W of EMS week)  
 20 National Employee Health and Fitness Day (3rd W)  
 20 World Autoimmune & Autoinflammatory Arthritis Day  
 22 Don't Fry Day / Heat Safety Awareness Day (Fri before Memorial Day)  
 22 National Gout Awareness Day  
 23 Ramadan (ends -30 days from start)

25 Memorial Day (Last M)  
 27 National Senior Health & Fitness Day (last W)  
 30 World MS Day  
 31 World No Tobacco Day

## June

1-7 National CPR & AED Awareness Week  
 3 Global Running Day (1st W)  
 5 World Environment Day  
 5 HIV Long-term Survivors Day  
 6 D-Day  
 6 National Gardening Exercise Day  
 7 National Cancer Survivors Day (1st Su)  
 7 National Animal Rights Day (1st Su)  
 7-13 Community Health Improvement Week (1st full week)  
 7-13 Pet Appreciation Week (1st Su for 7 days)  
 8 Caribbean-American HIV/AIDS Awareness Day  
 13 NRPA Family Health & Fitness Day (2<sup>nd</sup> Sa)  
 13 National Weed your Garden Day  
 14 Flag Day  
 14 International Children's Day (2<sup>nd</sup> Sa)  
 14 World Blood Donor Day  
 15-21 National Men's Health Week (week leading up to Father's Day, M-Su)  
 17 National Eat Your Vegetables Day  
 19 World Sickle Cell Day  
 20 Summer Solstice (June 20, 21 or 22)  
 21 Father's Day (3rd Su)  
 21 International Day of Yoga  
 21 National Selfie Day  
 21-27 National Lightning Safety Awareness (last full week)  
 21-27 National Mosquito Control Awareness Week (week that includes June 26)  
 22 Take Your Cat to Work Day (M after Father's Day)  
 22-26 Take Your Pet to Work Week (M-F after Father's Day)  
 26 Take Your Dog to Work Day (F after Father's Day)

26 International Day against Drug Abuse and Illicit Trafficking

27 National HIV Testing Day

27 National Sunglasses Day

27 PTSD Awareness Day

28 International Body Piercing Day

30 Social Media Day

## July

3 Stay Out of the Sun Day

4 Independence Day

4 Freedom from Tobacco Day

6-12 Nat'l Childhood Obesity Wk (1st full work wk, M-Su)

11 National Swimming Pool Day

15 National Pet Fire Safety Day

17 National Tattoo Day

21 National Clinicians HIV/AIDS Testing & Awareness Day

26 Parents' Day (4th Su)

28 World Hepatitis Day

30 World Day against Trafficking in Persons

31 Heat Stroke Prevention Day

31 National Mutt Day (and 12/2)

## August

1 National Girlfriends Day

1 World Lung Cancer Day

1-7 World Breastfeeding Week

2-8 National Health Center Week (2nd week)

8 International Cat Day

9 International Day of the World's Indigenous Peoples

10 Spoil Your Dog Day

15 National Check the Chip Day

17 Black Cat Appreciation Day

20 World Mosquito Day

23-28 World Water Week (Determined by SIWI)

26 National Dog Day

26 Women's Equality Day

31 Overdose Awareness Day

## September

1-7 National Childhood Injury Prevention Week

4 World Sexual Health Day

6-12 National Suicide Prevention Week (week including Sept 10)

7 Labor Day (1st M)

9 Fetal Alcohol Syndrome Awareness Day

10 World Suicide Prevention Day

11 Patriot Day

11 9/11 Day of Service and Remembrance

13 National Grandparents Day (1st Su after Labor Day)

14-18 Septic Smart Week (3rd week, M-F)

15 Get Ready Day (3rd Tu)

15 National Neonatal Nurses Day

16 National School Backpack Awareness Day (3rd W)

18 National HIV/AIDS and Aging Awareness Day

18-20 Rosh Hashana (varies year to year)

19 Responsible Dog Ownership Day (Last Sa)

20-26 Balance Awareness Week (3rd week)

20-26 Child Passenger Safety Week (3rd full week)

20-26 International Clean Hands Week (3rd full week)

20-26 National Dog Week (last full week)

20-26 Prostate Cancer Awareness Week (3rd full week)

21 World Alzheimer's Day

22 Fall begins (September 22, 23, or 24)

22 Falls Prevention Awareness Day (Day of fall equinox)

25 Native American Day (4th F)

26 **Hamilton County Public Health's Birthday**

26 Family Health & Fitness Day USA (last Sa)

26 National Seat Check Saturday (Sat of 3<sup>rd</sup> full week)

26 World Environmental Health Day

27 National Gay Men's HIV/AIDS Awareness Day

27-28 Yom Kippur (9 days after the first day of Rosh Hashanah)

28 World Rabies Day

29 World Heart Day

30 America's PrepareAthon National Fall Day of Action

30 National Women's Health & Fitness Day (last W)

## October

1-7 National Walk Your Dog Week

2-9 Sukkot (varies)

4 World Animal Day

4-10 Animal Welfare Week (1st full week)

4-10 Fire Prevention Week (Su-Sa that includes October 9)

4-10 Mental Illness Awareness Week (1st full week)

5 Child Health Day (1st M)

5-11 Active Aging Week (during or near the last full week of September or first week in October)

6-12 National Physician Assistants Week

7 International Walk to School Day (1st or 2nd W)

8 Nat'l Depression Screening Day (Th of 1st full week)

10 World Mental Health Day

11 Come Out Day

11 International Day of the Girl

11-17 Emergency Nurses Week (Su-Sa including Oct 11)

11-17 National Case Management Week (2nd full week)

11-17 International Infection Prevention Week (3rd week)

12 Columbus Day (2nd M)

12 World Arthritis Day

13 International Day for Disaster Reduction

14 Emergency Nurses Day (2nd W)

14 Health Cares About Domestic Violence Day (2nd W)

14 Stop America's Violence Everywhere Today (2nd W)

15 Global Handwashing Day

15 Great Shakeout at 10:15 a.m. (3rd Th; 10 a.m. with minute time matching the date, i.e., 10:15 on 15th)

15 National Latinx AIDS Awareness Day

15 Pregnancy and Infant Loss Awareness Day

16 Global Cat Day

16 National Mammography Day (third F)

16 World Food Day

17 Sweetest Day (3rd Saturday)

18-24 National Health Education Week (3rd full week)

19-23 Medical Assistants Recognition Week (3rd full week, M-F)

21 Medical Assistants Recognition Day

23 Lock Your Meds Day (varies during Red Ribbon Week)

23-31 Red Ribbon Week (drug prevention)

25-31 Respiratory Care Week (last full week, Su-Sa)

27 National Black Cat Day

29 National Cat Day

29 World Psoriasis Day

30 International Orthopedic Nurses Day

31 Halloween

### **November**

1 Daylight Saving Time Ends (1st Su)

1-7 Medical-Surgical Nurses Week

1-7 National Diabetes Education Week (1st full week)

1-7 National Medical Staff Services Awareness Week (1st full week)

2-6 Patient Blood Management Awareness Week (1st full week, M-F)

3 Election Day (1st Tuesday)

3 One Health Day

8-14 National Nurse Practitioner Week (2nd full)

11 Veterans Day (or closest weekday)

12 World Pneumonia Day

14 World Diabetes Day

15 America Recycles Day

15 National Clean out your Refrigerator Day

15-21 Ohio's Winter Safety Awareness Week (varies)

17 National Take a Hike Day

17 World Prematurity Day

19 Great American Smokeout (3rd Th)

19 World Toilet Day

20 Universal Children's Day

20 World COPD Day (2nd or 3rd W – mostly 3rd)

23 International Survivors of Suicide Day

23 Public Health Thank You Day (M before Thanksgiving)

26 Thanksgiving Day (4th Th)

26 National Family Health History Day (Thanksgiving)

27 Black Friday (HCPH closed - day after Thanksgiving)

### **December**

1 World AIDS Day

2 National Mutt Day (and 7/31)

3 International Day of Persons with Disabilities

6 St. Nick Day

6-12 National Handwashing Awareness Week (1st full week)

6-12 National Influenza Vaccination Week (1st full week)

7-11 National Older Driver Safety Awareness (1st week, M-F)

7 Pearl Harbor Remembrance Day

10 Human Rights Day

10-18 Hanukkah (varies)

21 Winter Solstice/Yule (December 20, 21, 22 or 23)

23 Festivus

25 Christmas

26-Jan 1 Kwanzaa

31 New Year's Eve