

Local Grieving Groups and Resources

The Compassionate Friends, Cincinnati Chapter

A national mutual assistance, self-help organization offering friendship and understanding to bereaved parents, grandparents and adult siblings

East Group (In-person): New attendees please call before attending in order to gather additional information.

- **When:** In-person meetings are the fourth Tuesday of the month
- **Location:** St. Timothy Episcopal Church, 8101 Beechmont Ave., Cincinnati, OH 45255.
- **Time:** 7 pm
- **Contact:** Lindsay Bibler (513) 652-7470, tfcinciny@gmail.com.

East Group (Virtual):

- **When:** The third Wednesday of the month (please call Lindsay for additional information)
- **Contact:** Lindsay Bibler (513) 652-7470, tfcinciny@gmail.com.

East Group (Casual Meeting):

- **When:** Second Saturday
- **Location:** Panera on Beechmont Ave.
- **Contact:** Lindsay Bibler (513) 652-7470, tfcinciny@gmail.com.

North Group (Masks are required.):

- **When:** The first Tuesday of each month
- **Location:** Spring Grove Funeral Home across from Oak Hill Cemetery, Tri-County, 11285 Princeton Pike (Route 747), Cincinnati, OH 45246.
- **Time:** 7pm
- **Contact:** tcfofcincinnatiorth@gmail.com or tfcincinnatiorth.org

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Web Resources

African American Faith-Based Bereavement Initiative (AAFBBI)

- <https://nccc.georgetown.edu/aafbbi/>

Back in His Arms Again

- www.backinhisarmsagain.com

Centering Corporation

- www.centering.org

Children of Jannah

- www.childrenofjannah.com

Compassionate Friends

- www.compassionatefriends.org

Connecting Our Paths Eternally (COPE)

- www.copefoundation.org

Cornerstone of Hope

- www.cornerstoneofhope.org

First Candle

- www.firstcandle.org
- 24 hour Grief Line: 1-800-221-7437

Glow in the Woods

- www.glowinthewoods.com

Helping After Neonatal Death (HAND)

- www.handonline.org

Lach's Legacy

- www.lachslegacy.org

March of Dimes

- www.marchofdimes.org

MISS Foundation

- www.missfoundation.org

My Miscarriage Matters

- www.mymiscarriagematters.org

Postpartum Support International

- www.postpartum.net

Pregnancy Loss and Infant Death Alliance (PLIDA)

- www.plida.org

Share Pregnancy and Infant Loss Support, Inc.

- www.nationalshare.org

Star Legacy Foundation

- www.starlegacyfoundation.org

Terminations Remembered

- www.terminationsremembered.com



Experiencing loss does not have to be something you go through alone

Please consider the resources in this packet

You are seen, you are heard, you are valued.



HAMILTON COUNTY
PUBLIC HEALTH

PREVENT. PROMOTE. PROTECT.



Local Grieving Groups and Resources

Companions on a Journey Grief Support (COJ): Footprints on Our Hearts Pregnancy & Infant Loss Support Group

- This group provides grief support for parents who have suffered the death of a child through miscarriage or early infant death. Footprints on Our Hearts allows parents to process their grief in a safe place with other parents who have experienced the loss of a baby. Together, we honor our children and find hope, strength, and healing. Option to attend in person or virtually.
- **When:** the fourth Monday of the month, 6:30-8 pm, September-May,
- **Where:** 8857 Cincinnati-Dayton Road, Suite #002, West Chester, OH 45069.
- **Contact:** Please call (513) 870-9108 or visit companionsonajourney.org.

Hearts: Support Group

- Peer-led support group for parents who have lost a child through molar or ectopic pregnancy, miscarriage, premature birth, stillbirth, neonatal death, SIDS and birth defects.
- **When:** The second Monday of each month from 6:30-8 pm
- **Where:** Florence United Methodist Church, Room L12 (Green Room - lower level of church), 8585 Old Toll Road, Florence, KY 41042.
- **Contact:** Church Phone: 859-371-7961.

Healing Together Support Group

- For families who have experienced pregnancy loss or the death of an infant or young child.
- **When:** The third Tuesday of each month.
- **Contact:** For questions regarding the group or other HEAL (Help Endure a Loss) services, call the HEAL coordinators at 513-974-4056.

Hope Group

- This group in Northern Kentucky is for parents who experienced child loss of any age.
- **When:** The third Tuesday of each month 6 pm
- **Where:** The Community Grief Center, St. Elizabeth Hospice, 483 South Loop Rd., Edgewood, KY, 41017.
- **Contact:** (859) 301-4611 or email: stars@stelizabeth.com for additional information and to confirm meeting.

Local Grieving Groups and Resources

Reach out to Grieving Parents

- Peer support led by parents who have lost a child due to miscarriage, stillbirth or newborn death. (Currently, this group is not able to meet in person. Please contact one of the facilitators below regarding support and updated status)
- **Where:** Christ Hospital, 2139 Auburn Avenue, Cincinnati, OH, 45219.
- **Contact:** Carole Bonno, (513) 922-8883, Grace DeGregorio (513) 791-1160 or Mary Kuenzig (513) 300-1537.

MENDING HEARTS

- Support available for parents who experienced stillbirth, miscarriage, ectopic pregnancy or neonatal death of a child.
- **When:** 2nd Wed, 7-9pm
- **Where:** University Hospital.
- **Contact:** Sally Westendorf (513) 584-7037



Vilomah's Journey Support Group

- Vilomah's Journey is a network of parents who have experienced the loss of their child. We are a support group for those adjusting to a "new normal" as well as a group committed to projects that bring awareness of our journey and to support families entering this journey.
 - **Where:** Ft. Wright office
 - **When:** 7-9 pm on the second Wednesday of each month
 - **Where:** Blue Ash location of the Cancer Support Community.
 - **When:** 7-9pm the fourth Wednesday of each month
 - **Contact:** 513-791-4060 for additional information.
- ### PARENTS OF CHILDREN WHO HAVE DIED OF SUDDEN INFANT DEATH SYNDROME (SIDS)
- Non-profit, volunteer organization providing support services to families & friends of SIDS children. Call for dates and times. Children's Hospital.
 - **Contact:** Amy Simpson (513) 636-5546.

Local Grieving Groups and Resources

Trihealth

- Parents who have experienced pregnancy loss or neonatal death such as miscarriage, stillborn, ectopic pregnancy and Sudden Infant Death Syndrome can attend a monthly meeting offered by TriHealth. Parents share experiences and explore the natural feelings of anger, sadness and depression that accompany the grieving process.
- **Bethesda North Hospital:** 513 865-1468
- **Good Samaritan Hospital:** 513 862-1163

PLUS: Prayerful, Loving and Understanding Support

- Provides support meetings for parents who have lost a baby through miscarriage, stillbirth, or newborn / infant death.
- **When:** The fourth Wednesday of each month from 7:30-9 pm
- **Where:** St. Margaret of York Church, 9483 Columbia Rd., Loveland, OH 45140.
- **Contact:** Mary Kuenzig at 513-300-1537 or mkuenzig@hotmail.com.

PERINATAL/NEONATAL LOSS GROUP

- Designed to help those parents who have suffered the death of a child either through miscarriage to birth or the first year of life.
- **When:** 3rd Tues. of the month. 7-9pm.
- **Where:** Liberty Township
- **Contact:** (513) 870-9108

