



Hamilton County Maternal and Infant Health Monthly Surveillance Report



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Introduction

The series of Maternal and Infant Health Monthly Surveillance Reports are part of a county-wide initiative to improve maternal and infant health and reduce infant mortality. In order to take effective actions to improve the health and safety of infants in the community, it is essential to identify, describe and monitor the problems and populations at risk. This report characterizes the current status of infant mortality in Hamilton County.

The data sources for this report series have been enhanced to improve the monthly surveillance process. The Ohio Department of Health (ODH) is now providing additional monthly mortality data to Hamilton County Public Health that will be used to improve the timeliness and accuracy of monthly surveillance. These provisional data are numbers only and do not include any additional information from birth or death certificates (**Appendix A**). The mortality data included in this report were obtained from ODH on April 8, 2014; the birth data were updated on the Ohio Public Health Information Warehouse on April 8, 2014.

Infant Mortality Surveillance

- ⇒ Number of infant deaths by month
- ⇒ Current monthly infant mortality rate
- ⇒ Current monthly neonatal mortality rate
- ⇒ Current monthly preterm, very preterm, and <23 weeks gestation birth rate
- ⇒ Percentage of pregnancies adequately spaced
- ⇒ Maternal smoking rates
- ⇒ Number of sleep-related death
- ⇒ Current two-year infant mortality rate moving average
- ⇒ Comparison of “Filed” and “Unfiled” data

Infant Mortality Surveillance

Public health surveillance is the ongoing systematic collection, analysis, interpretation and dissemination of data regarding a health-related event for use in public health action to reduce morbidity and mortality and improve health¹. The Maternal and Infant Health Surveillance System is designed to better understand infant morbidity and mortality in our community, monitor infant deaths and evaluate whether collective actions to prevent infant deaths are effective. The surveillance charts contained within this report are tools that are used to monitor infant mortality in our community. Please read the General Guidelines for Using Surveillance Charts in **Appendix B**.

¹Centers for Disease Control and Prevent. *Updated Guidelines for Evaluating Public Health Surveillance Systems: Recommendations from the Guidelines Working Group*, MMWR, July 27, 2001, Vol. 50 No. RR-13.

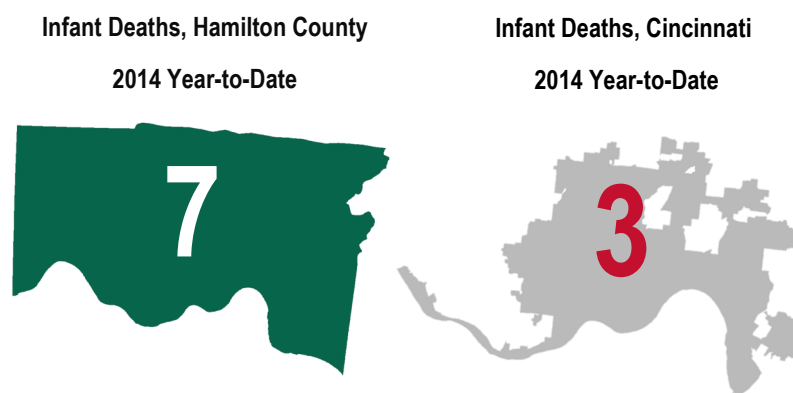


Number of Infant Deaths

Table 1. Number of Infant Deaths and Births, Hamilton County, 2013-2014

Month	Hamilton County		Hamilton County	
	Infant Deaths 2013	Infant Deaths 2014	Infant Births 2013	Infant Births 2014
January	7	6	880	886
February	9	1	774	846
March	11		872	
April	5		865	
May	14		931	
June	4		886	
July	4		994	
August	8		957	
September	5		919	
October	11		879	
November	10		869	
December	7		915	
Total	95	7	10,741	1,732

One measure of infant mortality is the number of infant deaths per month. In February 2014, there was 1 infant death within Hamilton County. The infant death that occurred in February 2014 in Hamilton County, occurred amongst Cincinnati residents. Table 1 displays the provisional number of infant deaths and births for each month in 2013 and 2014. Please see **Appendix A** on Page 6 to learn more about provisional death data limitations.



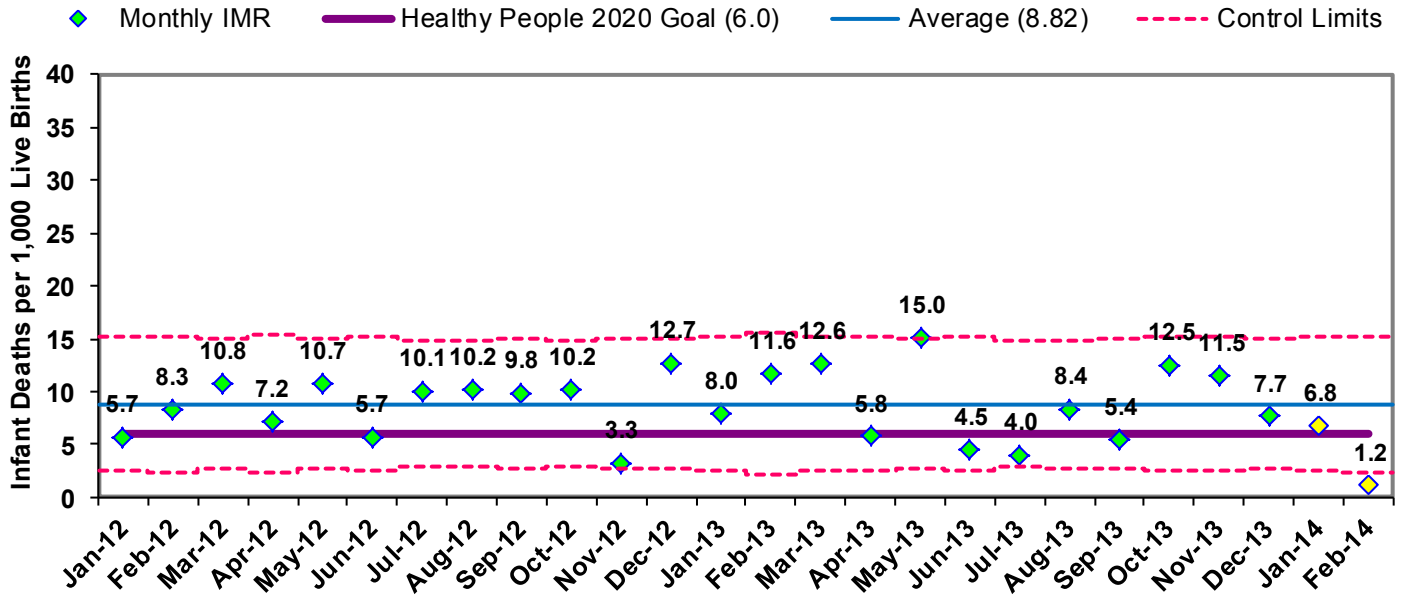
Infant Mortality Rates

Another method used to monitor infant mortality is examination of the number of infant deaths in relation to the total number of births. An increase in the number of infant deaths may not be surprising if there is also an increase in the overall number of babies born. To evaluate infant deaths with regard to the number of babies born, the Infant Mortality Rate (IMR) is calculated. The monthly IMR is the number of infants (children less than one year of age) who died, divided by the number of live births during the month per 1,000 live births. The Neonatal Infant Mortality Rate (NIMR) is a specific IMR for neonates (infants younger than 28 days) who died per 1,000 live births.

The IMR for February 2014 was 1.2. This provisional rate was lower than the Healthy People 2020 goal (6.0).

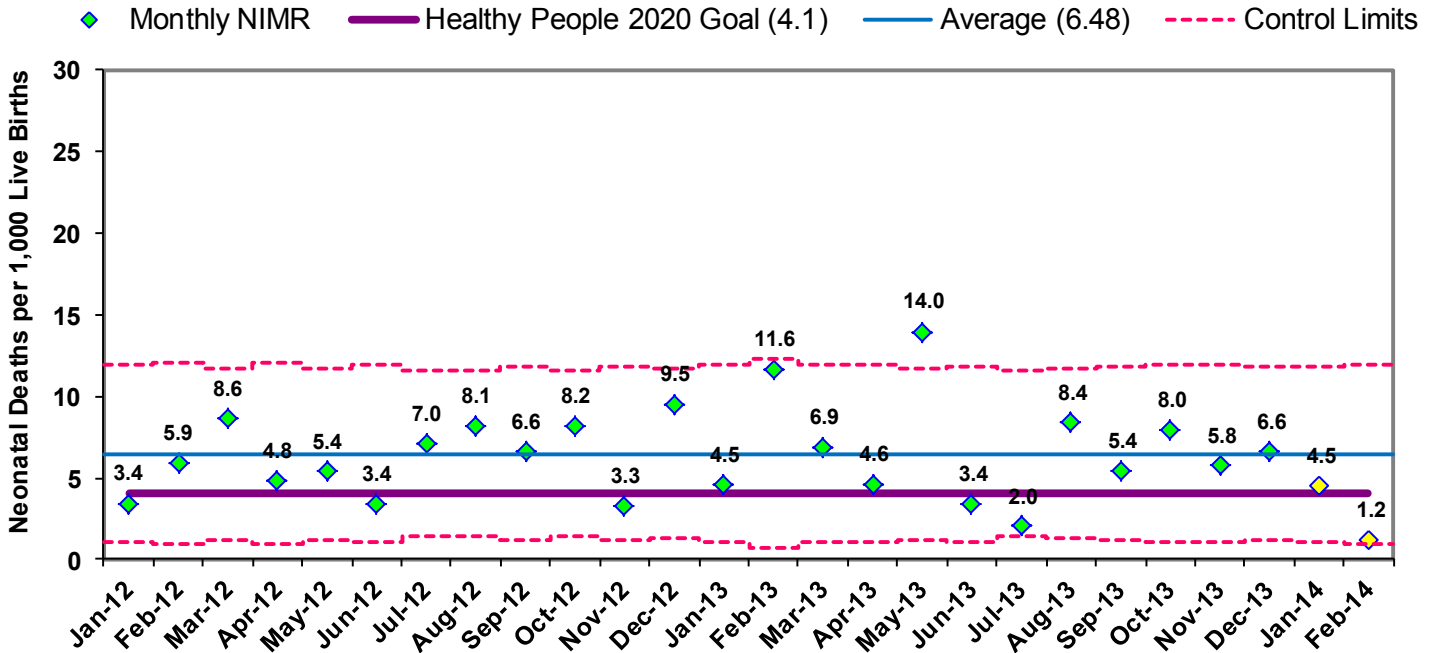
The IMR for February 2014 was 1.2 infant deaths per 1,000 live births (Figure 4). February was below the average IMR (8.82) as shown in Figure 1. Subsequent reports will provide improved statistical validity of these estimates (**Appendix A**). The February 2014 NIMR was below the upper and lower statistical thresholds and is displayed in Figure 2. The February NIMR (1.2) is below the Healthy People 2020 goal of 4.1 neonatal deaths per 1,000 live births and below the Hamilton County 24-month average of 6.48 neonatal deaths per 1,000 live births. Neonatal deaths accounted for 75.5 percent of the January 2013—February 2014 infant deaths as of data collected on April 8, 2014. As can be seen from the comparison of Hamilton County rates and national infant health goals, Hamilton County is experiencing problems within the community regarding maternal and infant health.

Figure 1. Infant Mortality Rate Surveillance Chart, Hamilton County, Jan 2012—Feb 2014*



NOTE: The mean is calculated using two years of data from Jan 2012—Dec 2013. Yellow points are more likely to change in future reports.
 * Data for 2013-2014 are provisional; ODH reconciles (i.e. finalizes) data by fall of the subsequent year.
 Data Source: ODH Vital Statistics

Figure 2. Neonatal Mortality Rate Surveillance Chart, Hamilton County, Jan 2012—Feb 2014*



NOTE: The mean is calculated using two years of data from Jan 2012—Dec 2013. Yellow points are more likely to change in future reports.
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 Data Source: ODH Vital Statistics

Preterm, Very Preterm, and <23 Weeks Gestation Birth Rates

The preterm birth rate is the percentage of infants born before 37 weeks gestation. The very preterm birth rate is the percentage of infants born before 32 weeks gestation. Preterm birth is a significant risk factor of infant mortality and many other adverse health outcomes. The average preterm birth rate in Hamilton County (13.4 percent) is above the Healthy People 2020 goal of 11.4 percent. The provisional preterm birth percentage for February 2014 is 12.1 percent; this rate is above the Healthy People 2020 goal of 11.4 percent for all live births. The average very preterm birth percentage in Hamilton County (2.87 percent) is above the Healthy People 2020 goal of 1.8 percent. The provisional very preterm birth percentage for February 2014 is 3.5 percent; this rate is above the Healthy People 2020 goal of 1.8 percent for all live births. The provisional <23 weeks gestation birth percentage for February 2014 is 0.1 percent in Hamilton County is below the average <23 weeks gestation birth rate in Hamilton County (0.42 percent). The <23 weeks gestation birth rate is also important to track as approximately 1/3 of infant deaths within Hamilton County each year are from babies who are born earlier than 23 weeks gestation. These babies are born so early that their chance of survival after being born is very small. By preventing preterm births in Hamilton County, infant morbidity and mortality can be reduced, ultimately preserving the community's financial resources and providing children with a healthy start to life.

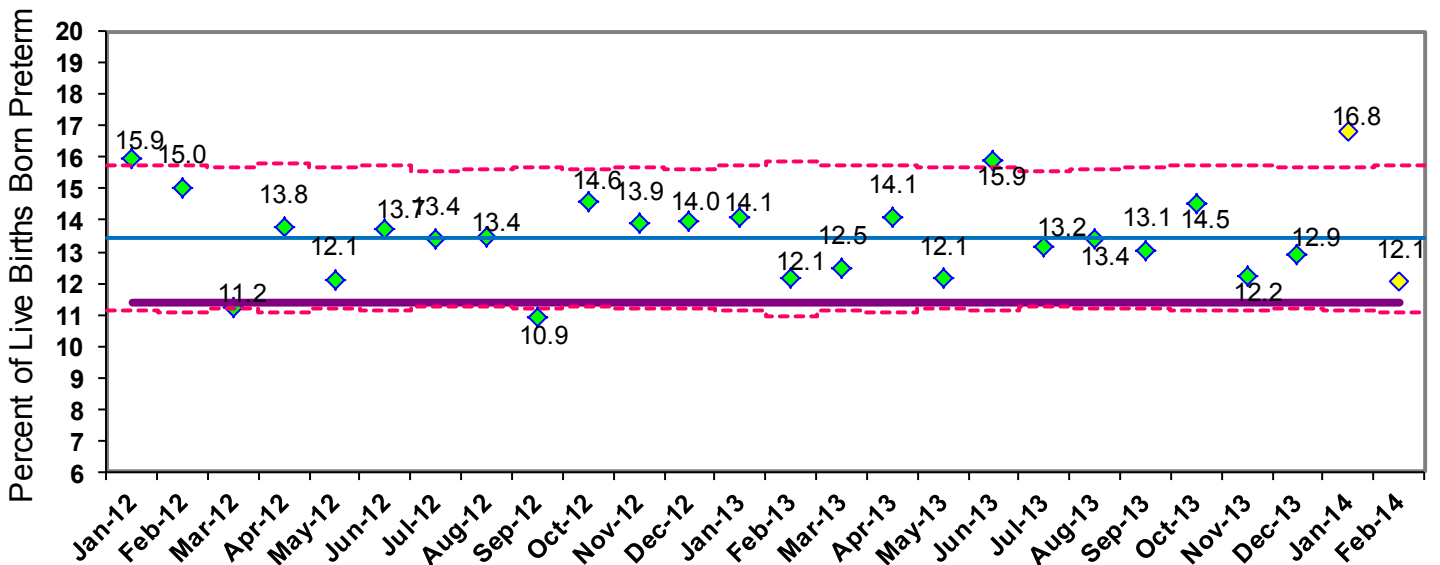
The preterm birth rate for February 2014 (12.1 percent) was below the Hamilton County average (13.4 percent) and above the Healthy People 2020 goal for preterm births (11.4 percent).

The very preterm birth rate for February 2014 (2.8 percent) was below the Hamilton County average (2.87 percent) and above the Healthy People 2020 goal for very preterm births (1.8 percent)

These data are provisional and may change in future reports

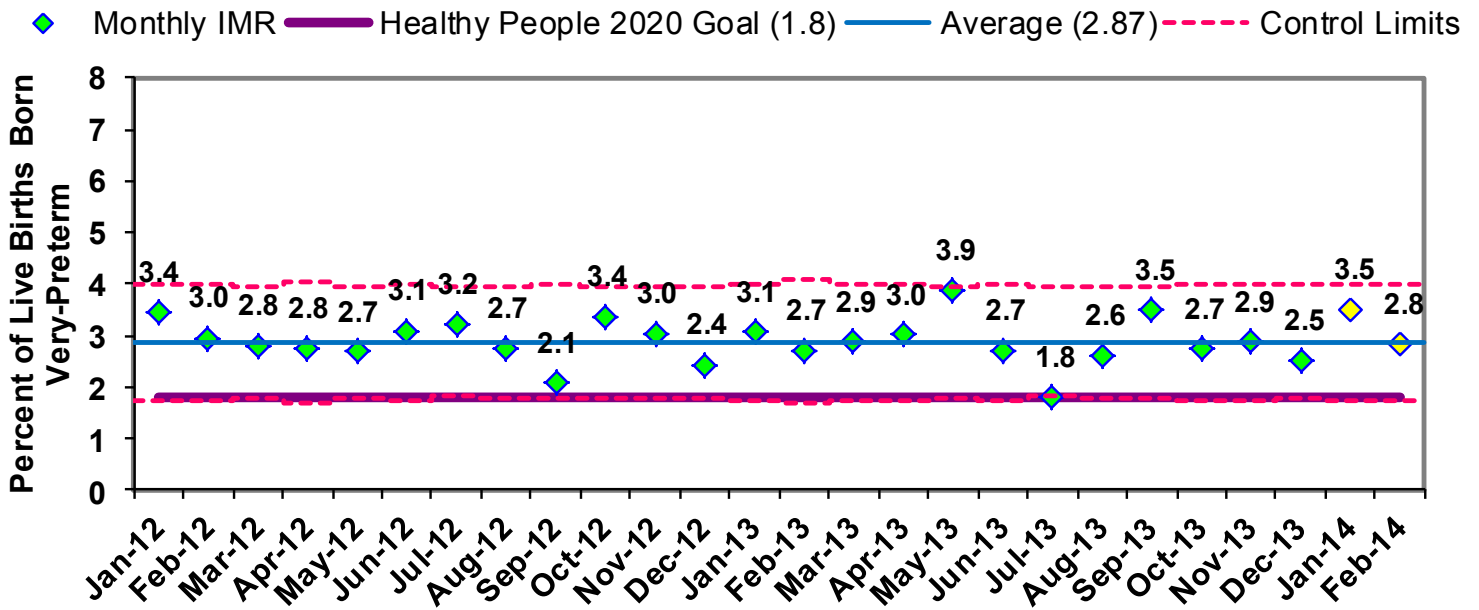
Figure 3. Preterm Birth Rate Surveillance Chart, Hamilton County, Jan 2012—Feb 2014*

◆ Monthly Percent — Healthy People 2020 Goal (11.4) — Average (13.4) - - - Control Limits



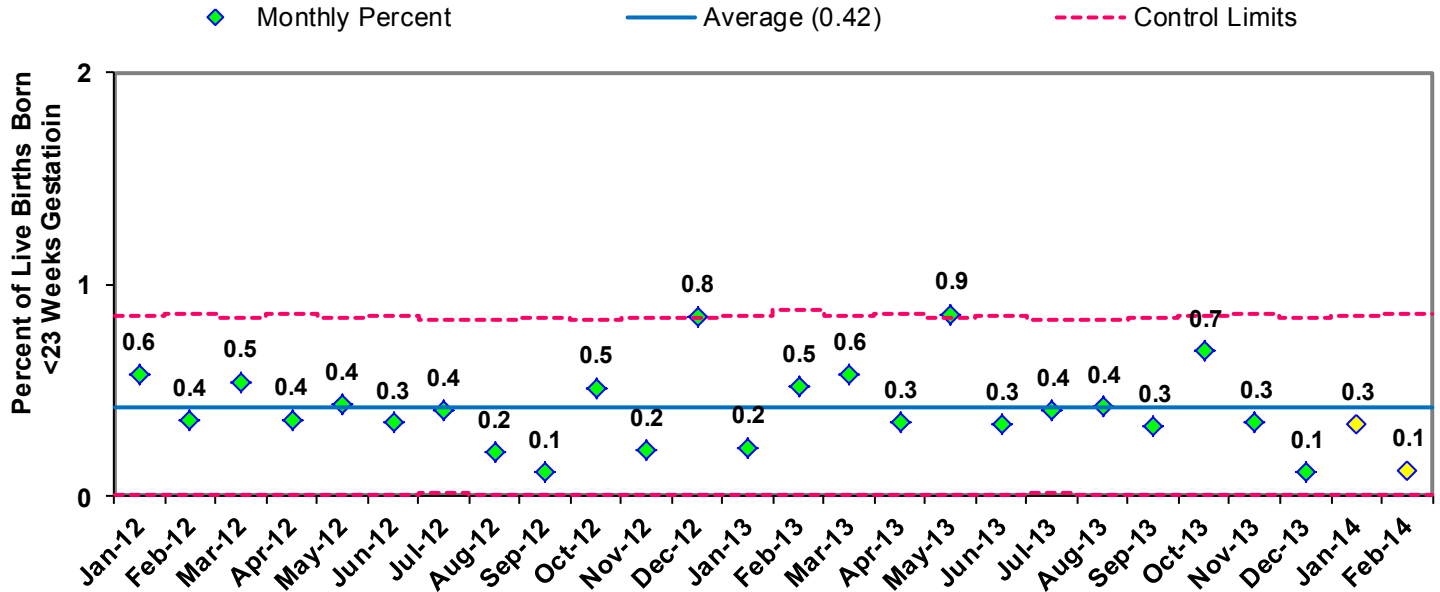
NOTE: The mean is calculated using two years of data from Jan 2012—Dec 2013. Yellow points are more likely to change in future reports.
 * Data for 2013-2014 are provisional; ODH reconciles (i.e. finalizes) data by fall of the subsequent year.
 Data Source: ODH Vital Statistics

Figure 4. Very Preterm Birth Rate Surveillance Chart, Hamilton County, Jan 2012—Feb 2014*



NOTE: The mean is calculated using two years of data from Jan 2012—Dec 2013. Yellow points are more likely to change in future reports.
 * Data for 2013—2014 are provisional; ODH reconciles (i.e. finalizes) data by fall of the subsequent year.
 Data Source: ODH Vital Statistics

Figure 5. <23 Weeks Gestation Birth Rate Surveillance Chart, Hamilton County, Jan 2012—Feb 2014*

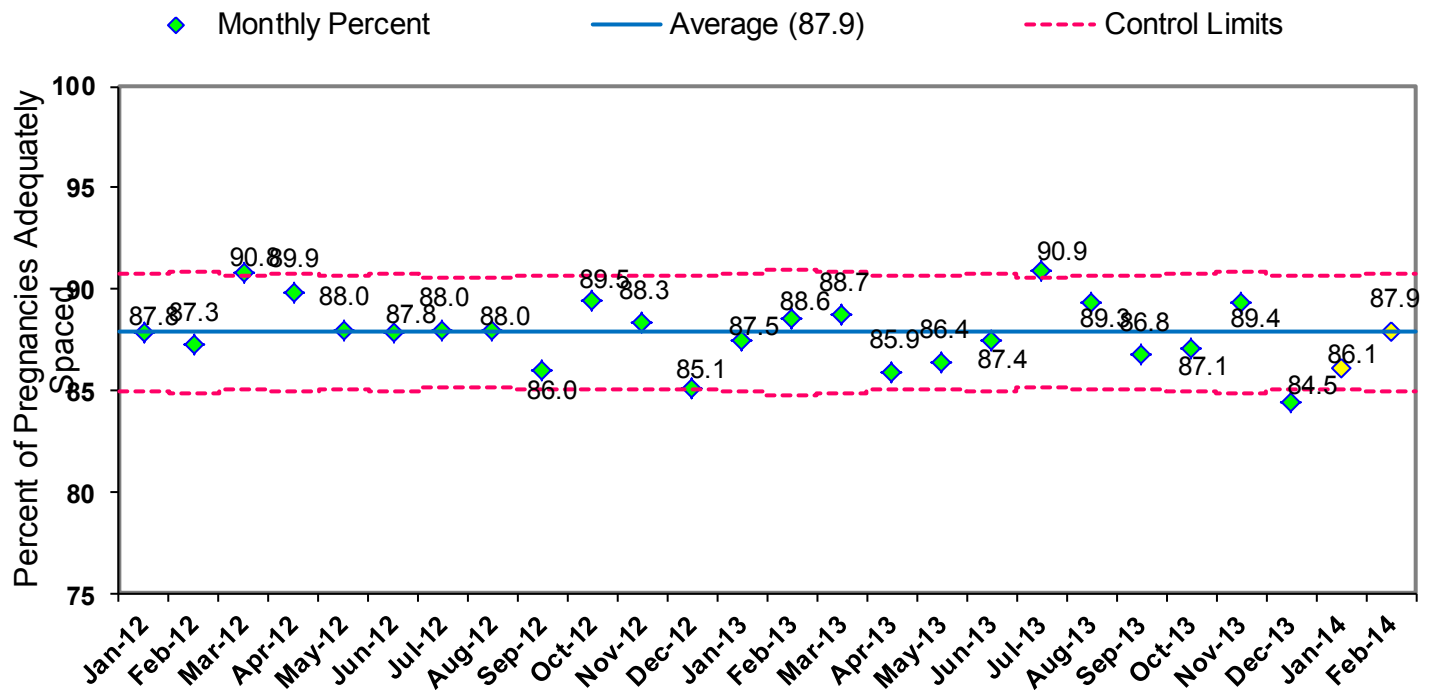


NOTE: The mean is calculated using two years of data from Jan 2012—Dec 2013. Yellow points are more likely to change in future reports.
 * Data for 2013—2014 are provisional; ODH reconciles (i.e. finalizes) data by fall of the subsequent year.
 Data Source: ODH Vital Statistics

Adequately Spaced Pregnancies

It has been shown that waiting 18 months between giving birth to one baby and conceiving the next gives a woman the best chance to have a healthy, full-term baby. When mom’s body has enough time to heal, her next pregnancy is healthier. Not waiting 18 months or more is strongly associated with premature birth, a factor in two thirds of Hamilton County’s 2012 infant deaths. Figure 6 below shows the percentage of pregnancies that are adequately spaced (18+ months from delivery to conception). By informing mothers about properly spacing pregnancies, the risk of adverse health complications and premature death of the infant could be reduced.

Figure 6. Percentage of Pregnancies Adequately Spaced, Hamilton County, Jan 2012— Feb 2014*

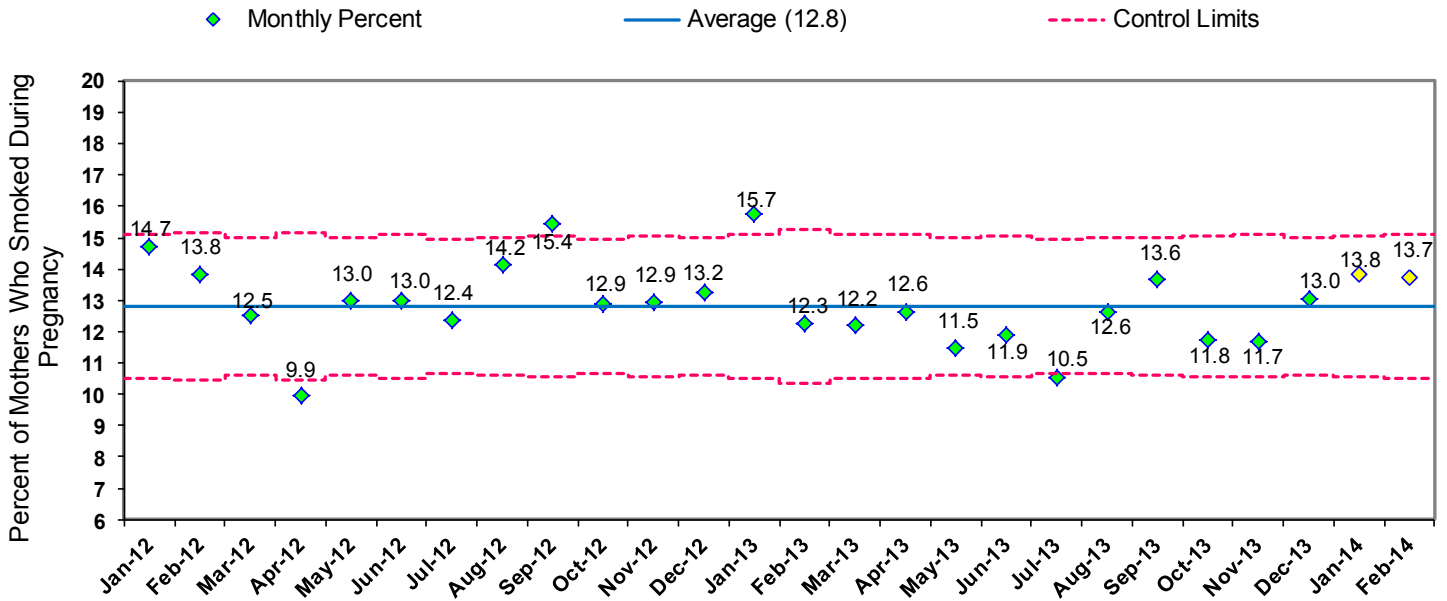


NOTE: The mean is calculated using two years of data from Jan 2012—Dec 2013. Yellow points are more likely to change in future reports.
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 Data Source: ODH Vital Statistics

Maternal Smoking Rate

Tobacco use, and other forms of substance abuse during pregnancy, can be extremely harmful to a developing baby. Recent data show us that local women who smoked during pregnancy were 44% more likely to have an infant death. The provisional rate for February 2014 was 13.7 percent (Figure 7). This rate was above the average rate of women who smoked during pregnancy for Hamilton County (12.8 percent) as shown in Figure 7.

Figure 7. Maternal Smoking Rates, Hamilton County , Jan 2012—Feb 2014*



NOTE: The mean is calculated using two years of data from Jan 2012—Dec 2013. Yellow points are more likely to change in future reports.
 * Data for 2013-2014 are provisional; ODH reconciles (i.e. finalizes) data by fall of the subsequent year.
 Data Source: ODH Vital Statistics

Sleep-Related Death

A sleep-related death is the death of an infant due to unsafe sleeping environments. A safe sleeping environment is one in which the infant is sleeping alone, on their back and in a crib. Unsafe sleeping environments can consist of co-sleeping (a parent or adult sharing a bed with an infant), an infant sleeping on a couch or in a crib filled with blankets or pillows, or an infant being put to sleep on his/her stomach. The number of sleep-related deaths in Hamilton County is not yet available. As further iterations of the report are published, the number of sleep-related deaths will become available and published.



Two-Year Moving Average

Reviewing monthly rates is one approach used to determine whether there has been a change over time in infant mortality. However, monthly rates have a tendency to fluctuate and may disguise emerging trends. An alternative measure is the un-weighted, monthly moving average, which can provide a more stable picture of evolving patterns. In Figure 8, the infant mortality rate for each month is the 24-month average of months immediately prior to and including the current month. The two-year moving average has decreased from Feb 2011 (10.3) to Feb 2014 (8.6) as shown in Figure 8. Please note that the two-year moving average is subject to change based on new data, which may ultimately affect current trends. Multiple approaches are required to measure the impact of efforts to reduce infant mortality.

Figure 8. Two-Year Moving Average Infant Mortality Rate by Month, Hamilton County, Feb 2011—Feb 2014*



NOTE: The infant mortality rate for each month is the average of the 24 months immediately prior to and including the last month.
 * Data for 2013-2014 are provisional; ODH reconciles (i.e. finalizes) data by fall of the subsequent year.
 Data Source: ODH Vital Statistics

Cradle Cincinnati's Corner

According to a recent study, 14.7% of Hamilton County women smoked in 2012, two percent higher than the national average¹. Unfortunately some women continue to smoke during pregnancy.



Reducing maternal smoking is one of Cradle Cincinnati's major, and most difficult, efforts. Luckily, many free and convenient smoking cessation resources already exist and are readily available. The Ohio Tobacco Quit Line and SmokeFree Women are two of our favorites. The Ohio Tobacco Quit Line provides adults ongoing cessation support through one-on-one, over-the-phone, customized counseling. To access, call [1-800-QUIT-NOW](tel:1-800-QUIT-NOW) (1-800-784-8669). SmokeFree Women (Women.Smokefree.gov) provides evidence-based education and expert guidance to achieve long-term, sustainable smoking abstinence. SmokeFree Women also has a smoking quit line, mobile apps, a text messaging service, and support through real-time online messaging.

How can you help? Spread the word about the [Ohio Tobacco Quit Line](http://www.ohioquitline.com) and Women.Smokefree.gov. Let's ensure that every woman who visits her doctor, meets with a home visit, or attends support groups and community events is aware of these smoking support services.

For more information, visit us at cradlecincinnati.org

Or follow us on Twitter at [@CradleCincy](https://twitter.com/CradleCincy)

¹Dwyer-Lindgren, L., Mokdad, A.H., Srebotnjak, T., Flaxman, A.D., Hansen, G.M., & Murray, C.J. (2014). Cigarette smoking prevalence in US counties: 1996-2012. *Population Health Metrics*, 12(5). Retrieved from <http://www.pophealthmetrics.com/content/pdf/1478-7954-12-5.pdf>

Appendix A-Data Limitations

There are multiple datasets that can be used to support surveillance activities associated with infant mortality. Two primary data sources are used to supply the data from monthly Maternal and Infant Health Surveillance Reports (http://www.hamiltoncountyhealth.org/en/resource_library/reports.html). Both of these data sources are considered provisional until the ODH completes data reconciliation processes each year. Provisional Data Source A (PDS-A) contains records that correspond to filed certificates and are linkable (i.e., birth to death records), whereas Provisional Data Source B (PDS-B) contains records that correspond to both filed and unfiled/pending certificates and are not linkable. PDS-A is used for more in-depth analysis of risk factors, but suffers from incompleteness due to missing unfiled/pending certificates. PDS-B is used to collect death data more expeditiously, but provides only count data, precluding more in-depth analysis of prenatal and perinatal risk factors. Data from both PDS-A and PDS-B become more accurate as the length of time increases from event to report. Annually, ODH releases a reconciled dataset that contains final cause of death information and geographic information.

PDS-B is used in this report to provide the count statistics in each section except infant deaths within the City of Cincinnati (Figure 1) and preterm births (Figure 3-5). Table 2 displays the discrepancy between the two infant mortality data sources from ODH. Please note that delayed certificates directly impact data quality, and therefore the integrity of findings shared in this report.

Data Source	2013	2014
	No. Infants < 1 yr.	No. Infants < 1 yr.
PDS-A	92	Not Yet Available
PDS-B	95	7
Discrepancy	3	Not Yet Available

Appendix B

General Guidelines for Using Surveillance Charts

The Hamilton County Infant Mortality Surveillance System (HCIMSS) uses surveillance charts to monitor infant mortality rates and preterm birth rates. These charts provide a method for monitoring the status of infant health other time and provide timely feedback on the effectiveness of local efforts to reduce infant deaths and preterm births.

Several tools are included in the surveillance charts that help facilitate interpretation: ❶ a baseline—the center line which is the average number of deaths per month over the preceding two years, ❷ a goal line which shows the goal that has been established by the community and ❸ upper and lower control limits [dashed] that allow users to detect unusual events. Annotations indicate when certain interventions began or special changes occurred.

Here are some types of unexpected events that could be detected within surveillance charts:

- ⇒ A single point outside of the control limit
- ⇒ A run of eight or more consecutive points below or above the center line
- ⇒ Six consecutive decreasing or increasing points
- ⇒ Two out of three consecutive points near a control limit

This report was prepared by Hamilton County Public Health, Department of Community Health Services, Division of Epidemiology and Assessment in collaboration with Cradle Cincinnati.



PREVENT. PROMOTE. PROTECT.



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