## Cio-Mints for Umfamts amel Todellers

Create a Go-Kit that is specific to your infant and toddlers' needs. A child may not be living in your home full time, but you may become responsible for one during an emergency, like a grandchild.

- Formula and extra bottles
- Instant cereal, jar food, or food pouches
- Spoon, bowl, and sippy cup
- Bibs and burp cloths
- Bottled water to use for cereal and formula – tap water might not be safe
- First aid items like Pedialyte, medications with measuring cups or dropper, prescriptions
- Comfort toy/stuffed animal

- Diapers, wipes, diaper rash cream, hand sanitizer, and baggies to tie up used diapers
- Coat, mittens, hat and boots
- Pacifiers
- Sling or wrap-style baby carrier
- Extra clothing for all weather
- Firm-soled shoes and extra socks
- Teething gel and toy
- Umbrella stroller



## Don't wait for disaster to strike - get prepared!



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