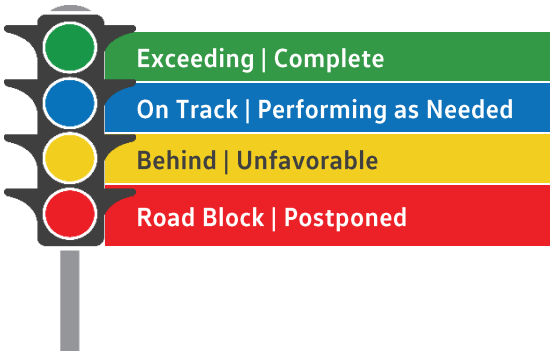
HAMILTON COUNTY PUBLIC HEALTH

Community Health Improvement Plan Progress Report
January 2020 – March 2020

HAMILTON COUNTY PUBLIC HEALTH
PREVENT. PROMOTE. PROTECT.

PROGRESS REPORT KEY:



Exceeding | Complete: Currently above benchmark or completed.

On Track | Performing as Needed: Progressing as anticipated.

Behind | Unfavorable: Currently behind anticipated progress.

Road Block | Postponed: Not progressing as anticipated; Re-prioritized.

OUTPUTS | INDICATORS	STATUS

PRIORITY AREA 1 – CHRONIC DISEASE & OBESITY

Goal 1: More people in Hamilton County will report making healthier food & beverage choices.

Two WeTHRIVE!SM school districts and one child care provider implemented healthy eating strategies during the progress period. The Mt. Healthy City Schools partnered with the OSU Extension to provide free cooking classes for families, as well as dietician-led staff nutrition classes. The Winton Woods City Schools continued to implement Fuel Up to Play 60 grant activities to encourage youth to consume healthy foods, as well as increased the availability of the "Nutrition is the Mission" mobile pantry to two times per month serving 80-100 families each month. Lastly, one child care provider adopted a healthy eating policy and hosted a pumpkin roasting family engagement activity.

Goal 2: More people in Hamilton County will report engaging in physical activity.

Five WeTHRIVE! communities and five school districts implemented active living strategies during the progress period. The Lockland and Arlington Heights joint Safe Routes to School (SRTS) School Travel Plan was approved by the Ohio Department of Transportation (ODOT). An application for SRTS Infrastructure grant funding was submitted to ODOT to help implement the approved School Travel Plan. Reading continued to develop its SRTS School Travel Plan in partnership with the Reading Community Schools. Walking audits were completed, and the SRTS team worked on finalizing the vision statement. St. Bernard held its 6th annual "Save a Heart St. B" health and wellness event on 3/7/2020 to celebrate the legacy of "Super Ben" Musser who was born with a rare birth defect that affected his heart. The event included flow yoga, PiYo, Zumba, Taekwondo, hands-only CPR, among other activities. Woodlawn hosted a "Healthy You" presentation by Woodlawn resident Dr. Daniels for its 50 Plus Club on 2/17/2020. Dr. Daniels shared information about physical activity and helped answer residents' health-related questions. Additionally, the Fit Me with Mykia physical activity class was provided on 3/2/2020, which included modified exercises for older adults. The Winton Woods City Schools offered free yoga for staff and continued to implement Fuel Up to Play 60 grant activities to achieve at least 60 minutes of daily physical activity. The Reading Schools held an all-staff and an all-elementary student physical activity challenge. Lastly, a partnership was established with Mission2Move, an organization that provides teacher-led physical activity in the classroom. Mission2Move is active in North College Hill and St. Bernard-Elmwood Place Schools. The Three Rivers Local Schools and Reading Schools were due to begin an 8-week pilot program in March 2020; however, the pilot is postponed due to the COVID-19 pandemic.

OUTPUTS | INDICATORS	STATUS

Goal 3: Fewer people in Hamilton County will report using tobacco products.

HCPH's tobacco health educator, the Hamilton County Sheriff's Office (HCSO), and three confidential informants completed 22 tobacco compliance checks. HCSO works closely with HCPH to provide safety and security when conducting compliance checks. Most recently HCPH expanded its relationship to include the HCSO Police Explorers youth group to find, educate, and train youth to participate in compliance checks as confidential informants. Additionally, a community forum around vaping was held at Princeton High School on 2/12/2020 in partnership with the Princeton School District, American Heart Association, and PreventionFIRST! Topics covered during the panel discussion included the impact of nicotine on youth, an introduction to e-cigarettes, what communities and schools can do from a prevention aspect (education, cessation, and policies). Cessation resources were also provided. The community forum was well attended by community agencies and parents; it was streamed live on Facebook. The Facebook live stream reached over 3,700 people and had 156 reactions, comments, and shares. A video of the community forum was shared on ICRC TV following the event. Additionally, HCPH presented on a panel on vaping/e-cigarette use in youth at Great American Insurance in partnership with the American Lung Association. Finally, the Mt. Healthy City Schools adopted a revised tobacco policy to become a 100% tobacco-free school campus.

PRIORITY AREA 2 — MATERNAL, INFANT, & CHILD HEALTH

Goal 1: More babies in Hamilton County will celebrate their first birthday.

The Child Fatality Review (CFR) Case Review Team reviewed five infant sleep-related deaths, and the Fetal-Infant Mortality Review (FIMR) Case Review Team reviewed two fetal/infant deaths during the progress period. There were no maternal interviews conducted by FIMR interviewers in large part due to physical distancing requirements as part of the COVID-19 pandemic. The FIMR team began exploring ways to continue this work safely during the pandemic. The Ohio Equity Institute (OEI) project faced several challenges related to staffing during the progress period. Delays in contract execution, staff transitions, and staff leave resulted in the OEI project having only one Neighborhood Navigator for the first two months of the progress period. An additional Neighborhood Navigator was hired in March to support the work. OEI Neighborhood Navigators screened 48 women; 41 were eligible for services. The OEI team participated in the Justice Center's One Stop Resource events, Cincinnati Public Library's Ladyfest event, as well as expanded partnerships with Buckeye Health and Talbert House. OEI Neighborhood Navigators began implementing online outreach efforts and utilizing phone/video intakes as a way to continue offering services during the COVID-19 pandemic.

Goal 2: A more comprehensive Pediatric Case Management Program (PCM) will be established at HCPH.

While the quality improvement project continues to be of importance to HCPH, the project has been delayed as a result of staff engagement in COVID-19 public health emergency response efforts.

Goal 3: A more cost-effective and time-efficient Immunization Program will be established at HCPH.

While the quality improvement project continues to be of importance to HCPH, the project has been delayed as a result of staff engagement in COVID-19 public health emergency response efforts.

PRIORITY AREA 3 – MENTAL HEALTH & ADDICTION

Goal 1: Fewer Hamilton County residents will die of opiate-related overdose deaths.

During the progress period, 168 individuals were trained to administer Narcan®, 3,164 doses of Narcan® were distributed, and 100% of prescribers in Hamilton County were utilizing the Ohio Automated Rx Reporting System (OARRS). Although overall Narcan® distribution numbers are lower than in previous reporting periods, targeted distribution efforts continued utilizing three funding sources. HCPH surpassed its goal of distributing 1,250 kits as part of the Naloxone Infrastructure Grant from ODH and will be applying for a second round of funding for additional kits. Points of distribution included: Hamilton County Justice Center, the Syringe Services Program, the Green Township Leave Behind Program, general community distributions, and the expanded Leave Behind Program in Cheviot. Staff continues to provide targeted education to individuals who are using other types of drugs that may have fentanyl present. During the next progress period, HCPH will implement a mailing program in order to provide greater access to Narcan®.

As part of the Overdose Data to Action (OD2A) grant, HCPH is partnered with The Partnership Center to build an application for peer recovery specialists to use with clients. VESTA created an app to capture data during interaction with the peer through a cell phone web-based application. HCPH will be implementing the app with peer recovery specialists to support surveillance and linkage to care efforts. Overdose Fatality Review (OFR) policies and procedures were finalized; an OFR interviewer will be hired to interview families and close contacts of persons who experienced an overdose death. HCPH contracted with a University of Cincinnati DAAP student to help rebrand the harm reduction programs and services. The student will develop a harm reduction tagline, logo, and social marketing campaign to address stigma associated with addiction.

The COVID-19 pandemic presented many challenges and disruptions in the planning of community-based services. Based on Ohio's Stay-at-Home orders, all planned events and services were placed on hold. Planning will continue to reshape how to deliver services and engage with the community based on new norms that highlight safety (i.e. social distancing, masks, etc.)

Goal 2: Fewer intravenous drug users will contract an infectious disease in Hamilton County.

The Syringe Services Program (SSP) served 2,938 clients, including 404 new clients. A total of 134,550 syringes were exchanged. There were 48 Hepatitis C tests and 91 HIV tests administered. Also, 181 pregnancy tests were distributed, and 13 referrals were made to treatment. A total of 10,047 fentanyl test strips were distributed to help clients make safer use decisions (or choose not to use). The needs-based exchange trial at Caracole continued, resulting in a large increase in the number of syringes exchanged. Sharps containers were offered to clients to provide a safe and discreet method to carry used sharps and promote safe disposal practices.

While other SSPs throughout the region and Ohio have suspended operations due to the COVID-19 pandemic, HCPH's SSP found innovative ways to continue providing lifesaving supplies to clients while minimizing exposure risk for clients and staff. As of 3/30/2020, the SSP requires appointments to pick up supplies in order to reduce any risk of interaction between clients and promote safe distancing. This change impacted the number of clients able to receive services. However, the SSP began distributing 30 days' worth of safe injection supplies to each client who comes to an appointment, giving every client the same amount of supplies. The decreased time spent counting syringes has allowed for more conversations and connections with clients.

OUTPUTS | INDICATORS	STATUS

Goal 3: More Hamilton County schools will be aware of resources available to address mental and behavioral health in the school setting.

The CFR Case Review Team reviewed two child suicide deaths during the progress period. Sixteen recommendations for child suicide prevention and/or intervention were shared with the Hamilton County-Cincinnati Community Action Team (CAT). CAT will review all recommendations and prioritize recommendations for implementation. Additionally, HCPH continued its engagement in the Trauma Informed Care Learning Community through the Tristate Trauma Network. The first meeting with staff interested in guiding HCPH in becoming a trauma informed organization was held to discuss the direction and goals. The committee was officially named the Wellness Implementation Team (WIT). The WIT engaged the Performance Management & Grants Coordinator to discuss how the team can best integrate the work of the committee into the overall performance management system structure. After gaining momentum, the work of the WIT has been delayed due to the COVID-19 pandemic.

PRIORITY AREA 4 – ORAL HEALTH

Goal 1: More Hamilton County residents will have access to comprehensive oral health care.

The Oral Health Coalition remained extremely active during this progress period. In response to the COVID-19 pandemic and the state of emergency declared by the Governor, the Ohio Department of Medicaid adopted the "Telehealth during a State of Emergency." This rule enhanced the Ohio Department of Medicaid's existing telehealth policy and provided several flexibilities for oral health care providers and Medicaid-covered individuals in need of care. This includes, but is not limited to, tele-dentistry coding coverage, interim therapeutic restoration coverage, and orthodontic tele-dentistry coverage. Representatives from the Oral Health Coalition participated in getting these improvements and measures adopted in conjunction with the Ohio Dental Association, as well as through its seat on the Ohio Medicaid Working Group.

A STATEMENT ABOUT COVID-19

On 3/9/2020, Governor Mike DeWine signed Executive Order 2020-01D, declaring a state of emergency in Ohio to protect the well-being of residents from the dangerous effects of COVID-19. The emergency declaration, coupled with the need for public health emergency response, has delayed progress during this time. While HCPH will continue to work hard to complete 2018-2020 Community Health Improvement Plan strategies, the shift in focus from day-to-day operations to emergency response operations will continue to impact progress throughout the duration of the COVID-19 pandemic.