

HAMILTON COUNTY

Maternal and Infant Health Monthly Surveillance Report

March 2019

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**HAMILTON COUNTY
PUBLIC HEALTH**

PREVENT. PROMOTE. PROTECT.




cradle cincinnati

every baby, every day

INTRODUCTION

The Maternal and Infant Health Monthly Surveillance Reports are part of work throughout Hamilton County to improve the health of women and infants, and to lower the number of infant deaths. In order to improve the health and safety of infants in Hamilton County, it is important to identify, describe, and track the problems and people at risk. This report shows the current state of infant mortality in Hamilton County.

The data for these reports has been provided by the Ohio Department of Health. The Department specifically disclaims responsibility for any analyses, interpretations or conclusions. Death and birth data in this report were collected from Ohio Public Health Information Warehouse on July 23rd, 2019.

Surveillance reports for 2018 and prior were generated using two death data sets obtained from ODH. Starting in 2019, surveillance reports were created using a single death data set provided by ODH, thus the old Appendix A was removed.

The Maternal and Infant Health Monthly Surveillance Report will include the following topics:

- Number of infant deaths by month
- Current monthly infant mortality rate
- Current monthly neonatal mortality rate
- Current monthly preterm, very preterm, and <23 weeks gestation birth rate
- Current monthly small for gestational age birth rate
- Percentage of pregnancies spaced <18 months
- Maternal smoking rates
- Number of sleep-related deaths
- Current two-year infant mortality rate moving average
- Comparison of "Filed" and "Unfiled" data

INFANT MORTALITY SURVEILLANCE

Public Health surveillance is the ongoing systematic collection, analysis, interpretation and dissemination of data regarding health-related events for use in public health action to decrease sickness and death, and improve health¹. The Maternal and Infant Health Surveillance System is designed to better understand infant health in Hamilton County, track infant deaths and determine whether the ongoing work in Hamilton County to prevent infant deaths are effective. The charts used within this report are surveillance charts, which are tools to monitor infant health in Hamilton County. Comparisons to the national Healthy People 2020 Goals are made when possible. Healthy People 2020 Goals are a set of nationwide goals that support prevention efforts to create a healthier nation. These goals are released every 10 years from the US Department of Health and Human services. For more information about how to understand the surveillance charts, please read the General Guidelines for Using Surveillances Charts in **Appendix A**.

1. Centers for Disease Control and Prevention. *Updated Guidelines for Evaluating Public Health Surveillance Systems: Recommendations from the Guidelines Working Group*, MMWR, July 27,2007, Vol. 50 No. RR-13.

NUMBER OF INFANT DEATHS

One way to look at infant health is to track the number of infant deaths in Hamilton County per month. Infant deaths are the death of a child before his or her first birthday. In March 2019, there were 2 infant deaths in Hamilton County. All of the infant deaths that occurred in March 2019 in Hamilton County, occurred among Cincinnati residents. Table 1 displays the provisional number of infant deaths and births for each month in 2018 and 2019.

Table 1. Number of Infant Deaths and Births, Hamilton County, 2018-2019

	2018		2019	
	Infant Deaths	Live Births	Infant Deaths	Live Births
January	10	860	5	862
February	9	797	4	808
March	12	907	2	789
April	8	877		
May	7	894		
June	7	891		
July	9	865		
August	6	981		
September	6	959		
October	7	961		
November	5	893		
December	6	854		
Total	92	10,739	11	2,459



Infant Deaths,
Hamilton County
2019 Year-to-date

Infant Deaths,
Cincinnati
2019 Year-to-date

INFANT MORTALITY RATES

2.5 per 1,000
March 2019 IMR

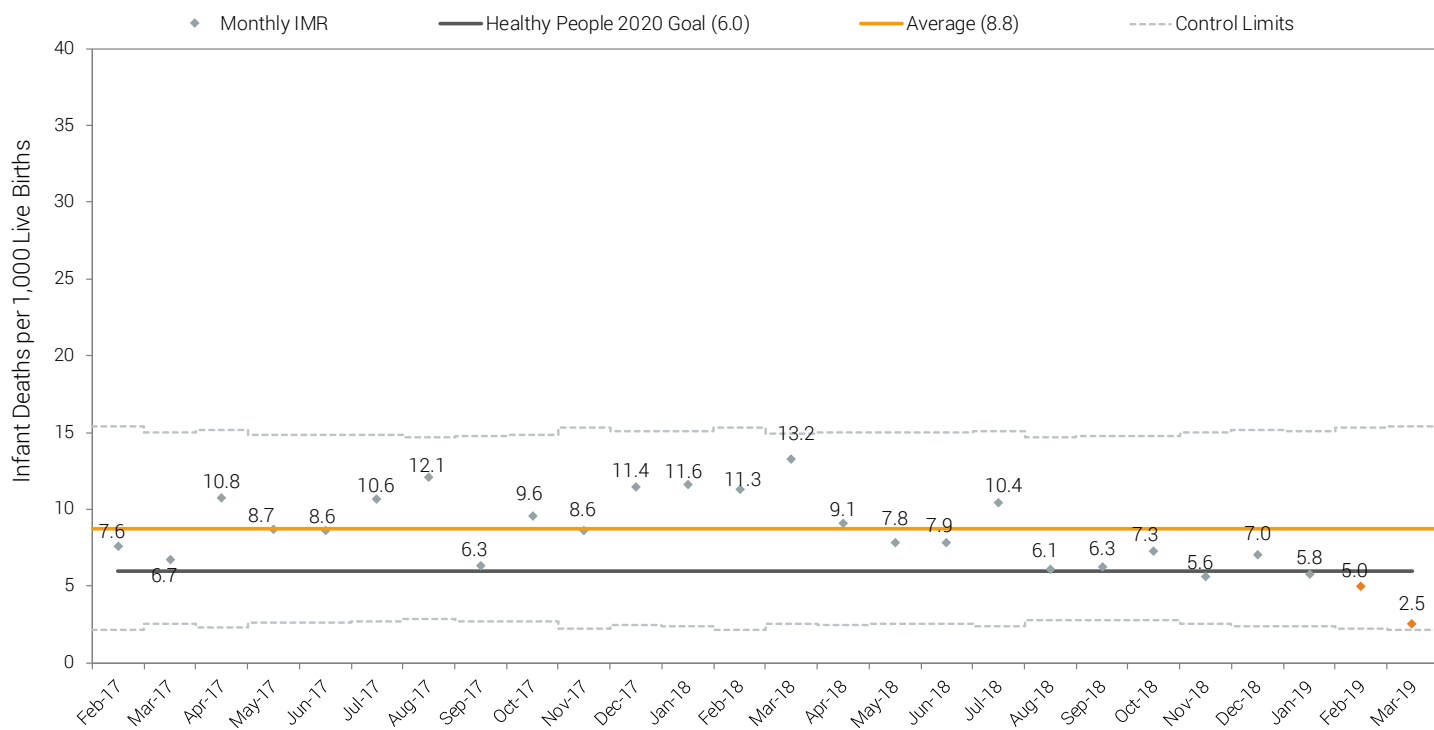
This provisional rate was
lower than the Healthy
People 2020 goal (6.0)

Another way to measure infant health is to track the Infant Mortality Rate (IMR) per month. An infant mortality rate is the number of infant deaths for every 1,000 live births. The Neonatal Infant Mortality Rate (NIMR) is a specific IMR for neonates (infants who are younger than 28 days). A neonatal infant mortality rate is the number of neonatal deaths for every 1,000 live births. An infant mortality rate is highly sensitive to changes in the number of births within a community, and it may not be surprising to have an increase in the number of infant deaths if there is also an increase

in the number of overall babies being born.

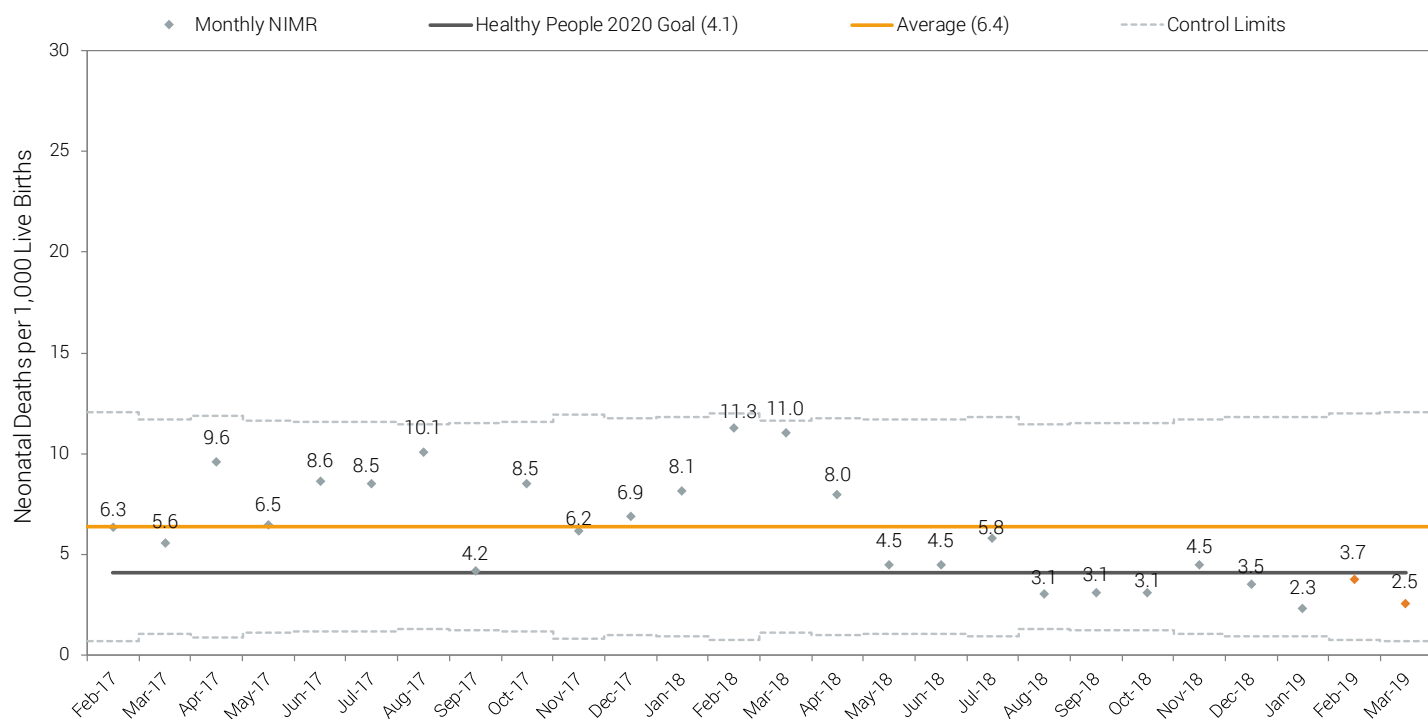
The IMR for March 2019 was 2.5 infant deaths per 1,000 live births (Figure 1). The March IMR is lower than the Healthy People 2020 goal of 6.0 infant deaths per 1,000 live births as shown in Figure 1. The March 2019 NIMR was 2.6 neonatal deaths per 1,000 live births (Figure 2). The March NIMR was lower than the Healthy People 2020 goal of 4.1 neonatal deaths per 1,000 live births. Neonatal deaths make up 67% of infant deaths in Hamilton County from January 2018 - March 2019. As can be seen from comparing Hamilton County rates and national infant health goals, Hamilton County is experiencing problems within the community regarding maternal and infant health.

Figure 1. Infant Mortality Rate Surveillance Chart, Hamilton County, Feb 2017 - Mar 2019*



NOTE: The mean is calculated using two years of data from Feb 2017 - Jan 2019. Orange points are more likely to change in future reports.
 *Data for 2018 & 2019 are provisional; ODH reconciles (i.e. finalizes) data by fall of the subsequent year.
 Data Source: ODH Vital Statistics

Figure 2. Neonatal Mortality Rate Surveillance Chart, Hamilton County, Feb 2017 - Mar 2019*



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 Data Source: ODH Vital Statistics

PRETERM, VERY PRETERM, & <23 WEEKS GESTATION BIRTH RATES

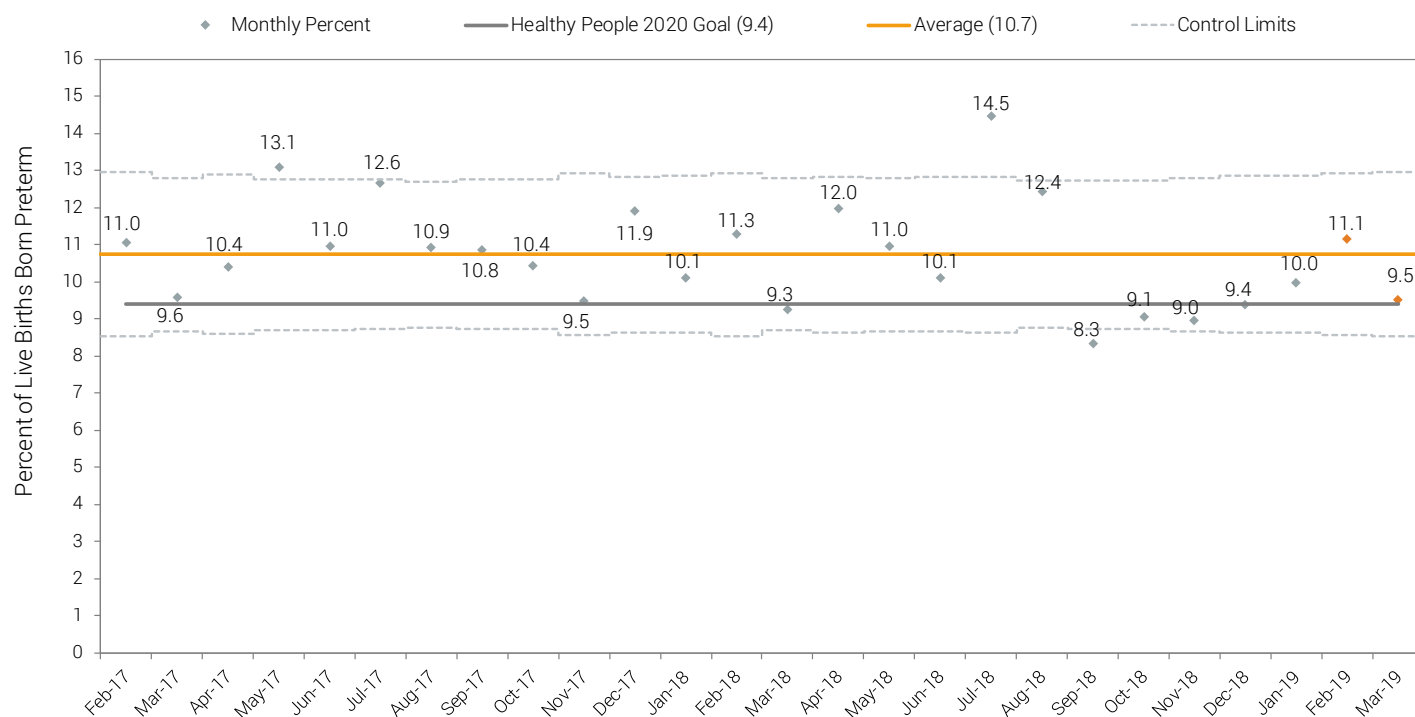
A preterm birth is the birth of a baby that happens more than three weeks before the baby is due. A preterm birth rate is the percent of babies who are born before the start of the 37th week of pregnancy. The very preterm birth rate is the percent of babies who are born before the start of the 32nd week of pregnancy. The <23 weeks gestation birth rate is the percent of babies who are born before the start of the 23rd week of pregnancy. The <23 weeks gestation birth rate is important to track as approximately 1/3 of all infant deaths in Hamilton County each year are from babies who are born before the start of the 23rd week of pregnancy. Preterm birth increases the chance for infant death and many other poor health outcomes.

The preterm birth rate for March 2019 (9.5%) is lower than the average preterm birth rate in Hamilton County (10.7%). The very preterm birth rate for March 2019 (2.2%) was higher than the Hamilton County average (1.9%). The <23 weeks gestation birth rate for March 2019 is 0.1%, which is lower than the Hamilton County average (0.28%).

9.5%
March 2019
Preterm Birth Rate

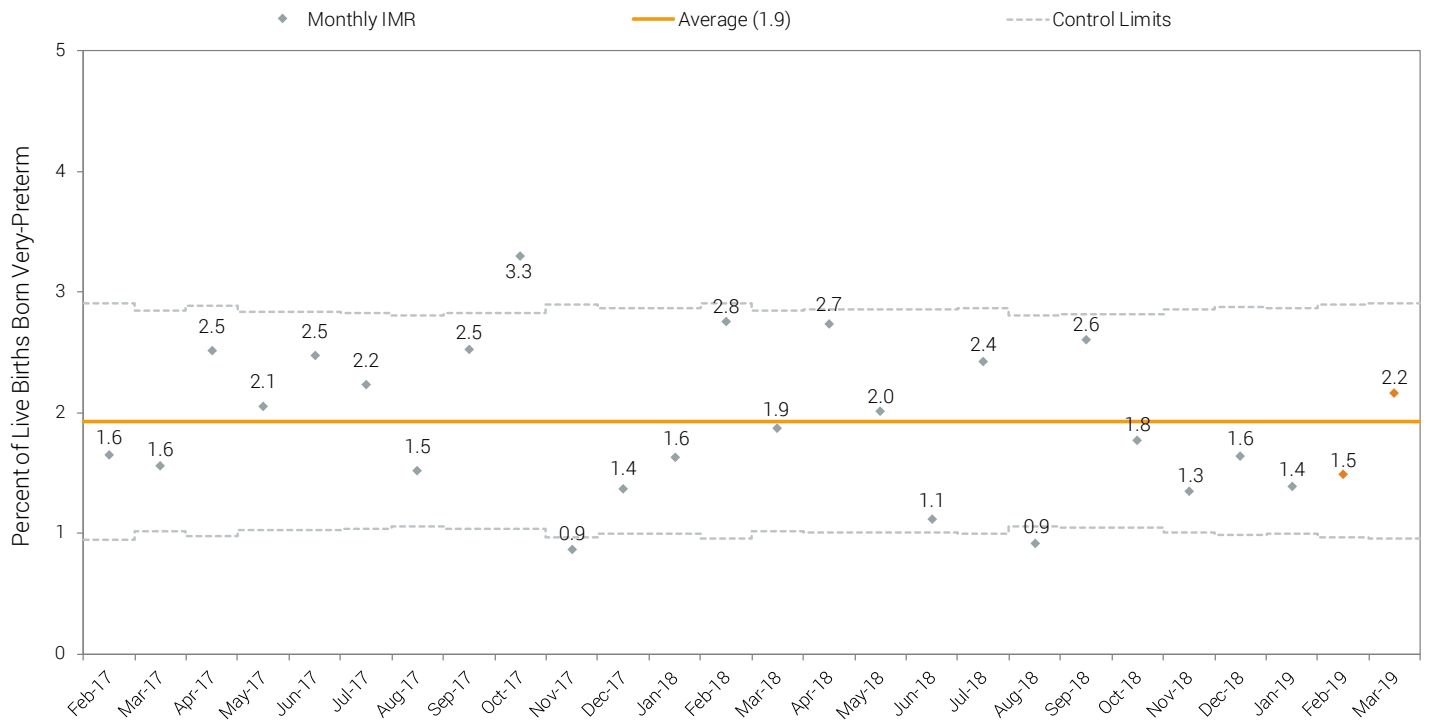
2.2%
March 2019
Very Preterm
Birth Rate

Figure 3. Preterm Birth Rate Surveillance Chart, Hamilton County, Feb 2017 - Mar 2019*



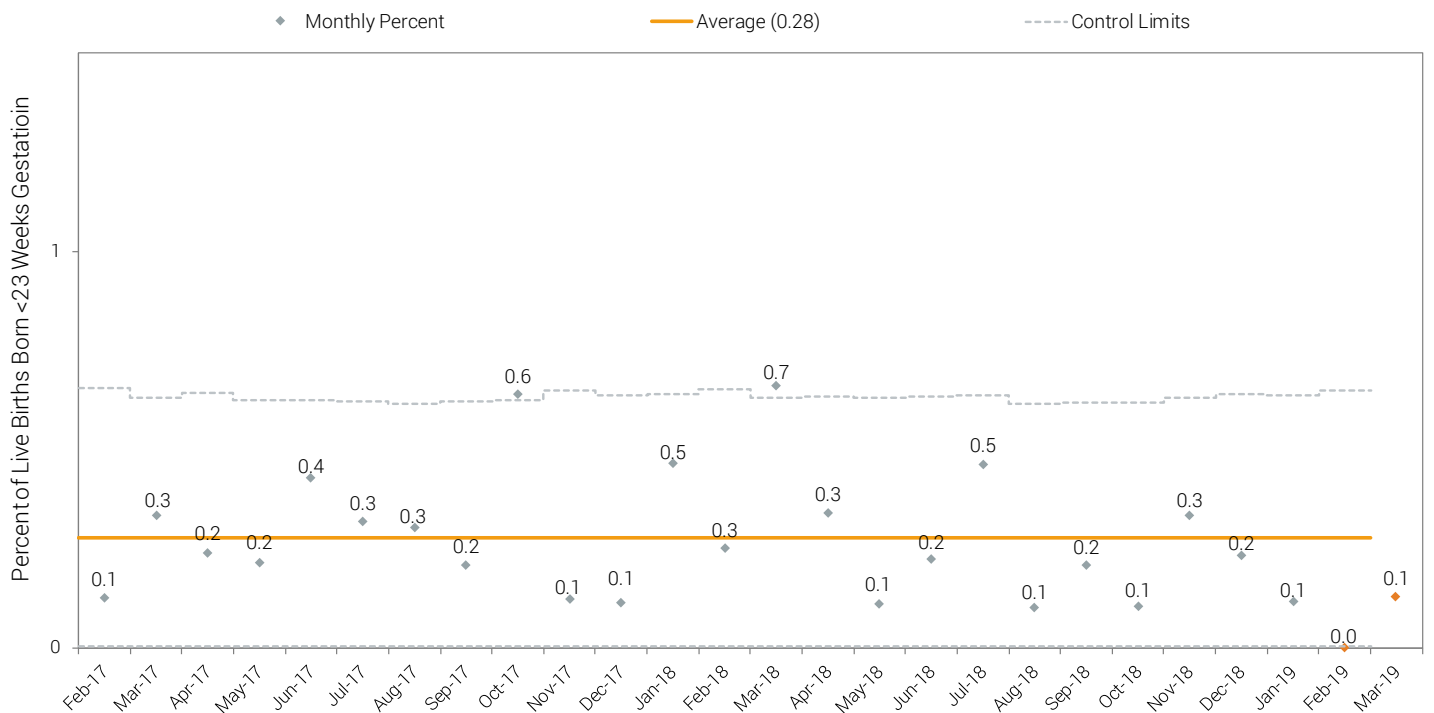
NOTE: The mean is calculated using two years of data from Feb 2017 - Jan 2019. Orange points are more likely to change in future reports.
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Data Source: ODH Vital Statistics

Figure 4. Very Preterm Birth Rate Surveillance Chart, Hamilton County, Feb 2017 - Mar 2019*



NOTE: The mean is calculated using two years of data from Feb 2017 - Jan 2019. Orange points are more likely to change in future reports.
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 Data Source: ODH Vital Statistics

Figure 5. <23 Weeks Gestation Birth Rate Surveillance Chart, Hamilton County, Feb 2017 - Mar 2019*



NOTE: The mean is calculated using two years of data from Feb 2017 - Jan 2019. Orange points are more likely to change in future reports.
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 Data Source: ODH Vital Statistics

SMALL FOR GESTATIONAL AGE BIRTH RATE

Small for gestational age (SGA) birth rate is the percent of births where only one baby was born whose weight at birth is at or below a set value (10th percentile) for the week of pregnancy they were born at². SGA compares the birth weight of an infant to a national distribution of live births so the weights are specific to infants of the same gestational age. The value for the 10th percentile of birth weight was adopted from the live births for 1990 in the United States³. The health of the mother and social factors prior to pregnancy can influence if a child is born small for their gestational age². SGA can have an impact on the health of the infant throughout childhood and into adulthood². Babies who are born small for their gestational age have an increased risk for infant death and illness, permanent lack in growth, reduction or impairment of cognitive function, and the development of adult chronic disease². The SGA birth rate in March 2019 is 10.1%, which is lower than the average SGA birth rate in Hamilton County (11.7%).

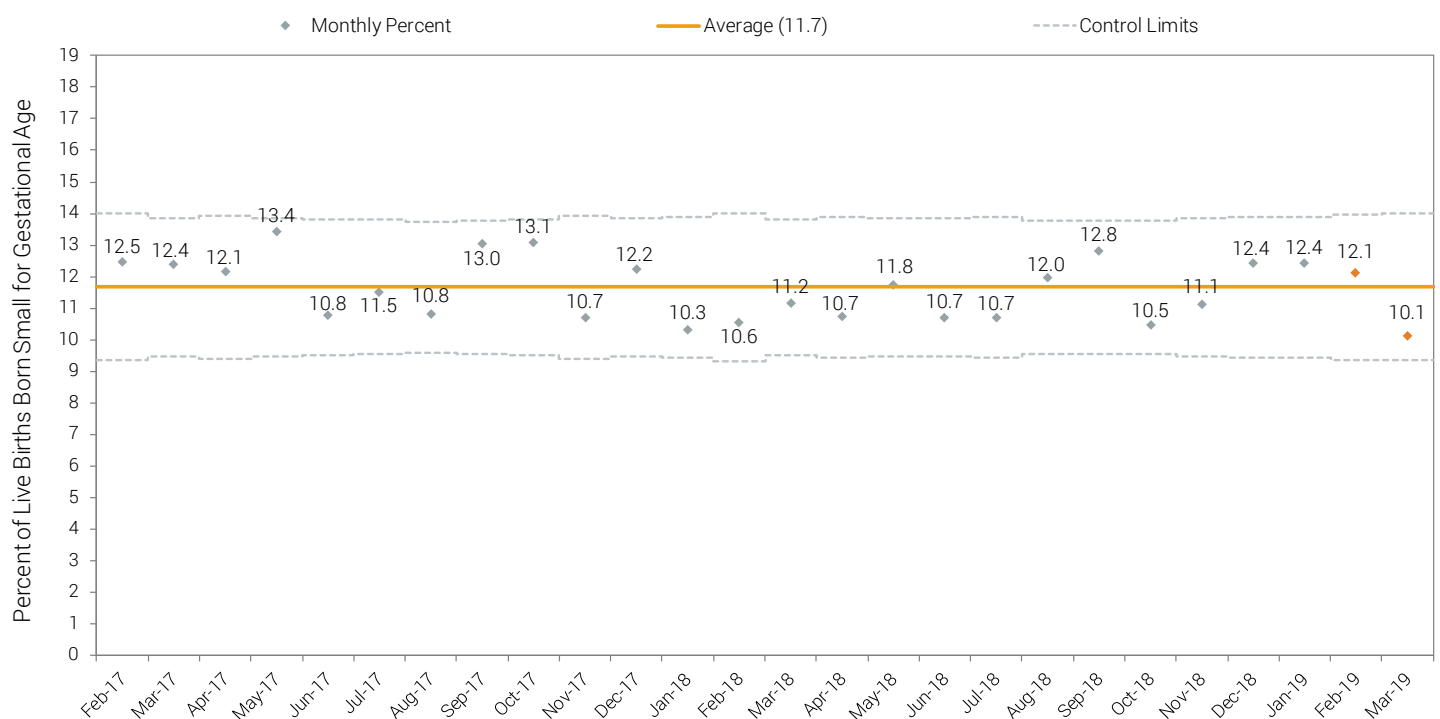
10.1%
March 2019
SGA Birth Rate

2. Association of Maternal & Child Health Programs. *Life Course Indicator: Small for Gestational Age*, 2014.

3. Oken E, Kleinman KP, Rich-Edwards J, Gillman MW. *A nearly continuous measure of birth weight for gestational age using a United States reference*. BMC Pediatric. 2003; 3:6. doi: 10.1186/1471-2431-3-6.

NOTE: SGA Percent illustrated in Figure 6 is calculated using gender-specific small for gestational age 10th percentile cut-off for more accurate measures

Figure 6. Small for Gestational Age Rate Surveillance Chart, Hamilton County, Feb 2017 - Mar 2019*



NOTE: The mean is calculated using two years of data from Feb 2017 - Jan 2019. Orange points are more likely to change in future reports.

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Data Source: ODH Vital Statistics

PREGNANCY SPACING

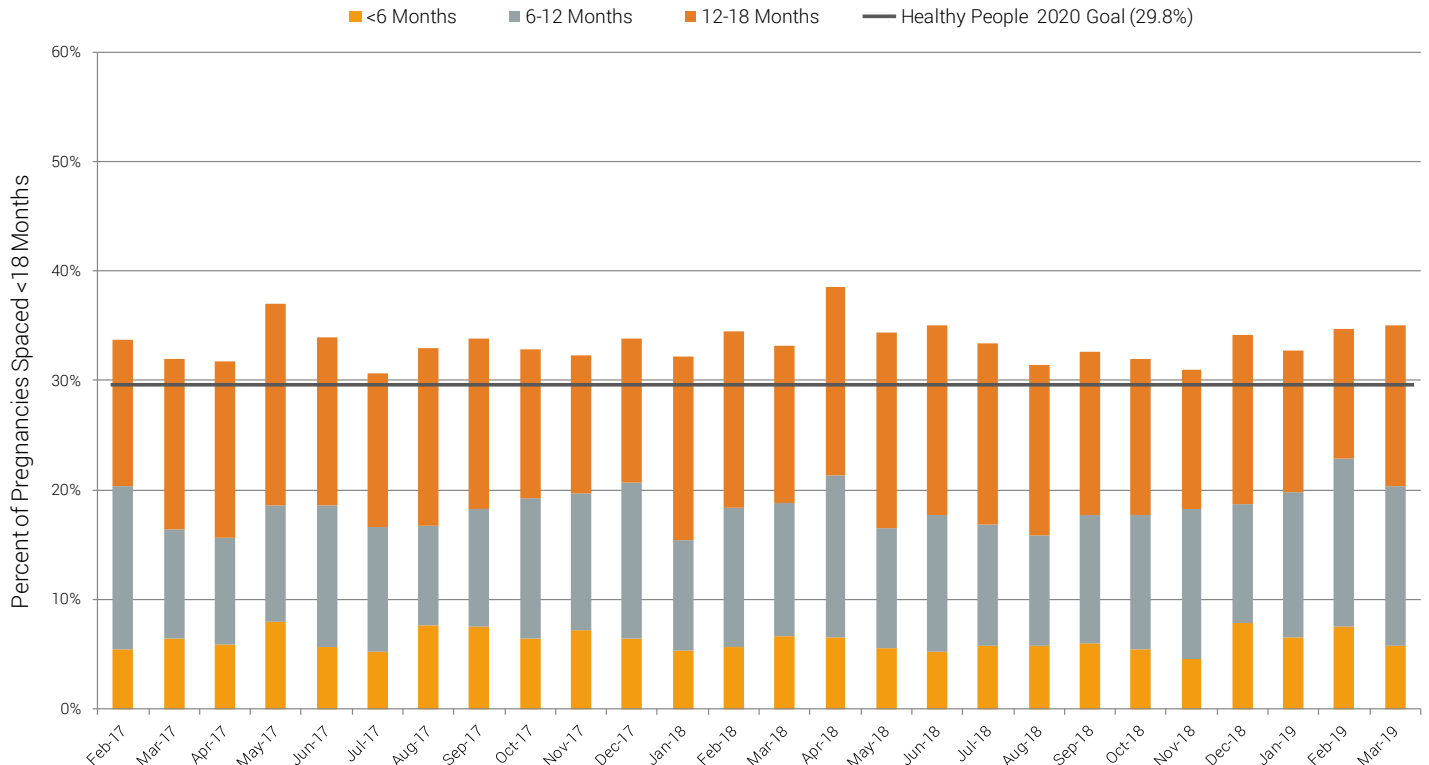
Pregnancy spacing is the number of months between the live birth of a previous child and the conception of the next pregnancy. It has been shown that short spacing between pregnancies, less than 18 months from the previous live birth to conception of the next pregnancy, can lead to harmful outcomes for both mothers and newborns. Mothers with short pregnancy spacing have an increased risk for developing pre-eclampsia (a condition that can cause blood pressure to rise and put mothers at risk for health issues including death), while the infant is more likely to be born prematurely. Pregnancies spaced between 18 and 59 months are considered optimal pregnancy spacing, as recommended by the World Health Organization⁴. Optimal spacing can lead to better outcomes for both the mother and the infant. However, for women of older ages, short pregnancy spacing may be part of the intended family building; in these cases women should talk with their doctor to weigh the health benefits of longer spacing between pregnancies and the health risks of short spacing between pregnancies.

The percentage of pregnancies in Hamilton County that were spaced less than 18 months for March 2019 is 35.0%; this percent is higher than the Healthy People 2020 goal of 29.8% of all pregnancies spaced less than 18 months. Of the pregnancies between February 2017 and March 2019, 45.3% of pregnancies were spaced between 12 and 18 months.

By educating mothers about the importance of properly spacing pregnancies, the risk for poor health complications for both mother and infant could be reduced.

4. World Health Organization. *Report of a WHO Technical Consultation on Birth Spacing*, 2006

Figure 7. Percent of Pregnancies Spaced <18 Months, Hamilton County, Feb 2017 - Mar 2019*



NOTE: The mean is calculated using two years of data from Feb 2017 - Jan 2019

*Data for 2018 & 2019 are provisional; ODH reconciles (i.e. finalizes) data by fall of the subsequent year.

† Infant deaths to mothers with a previous live birth

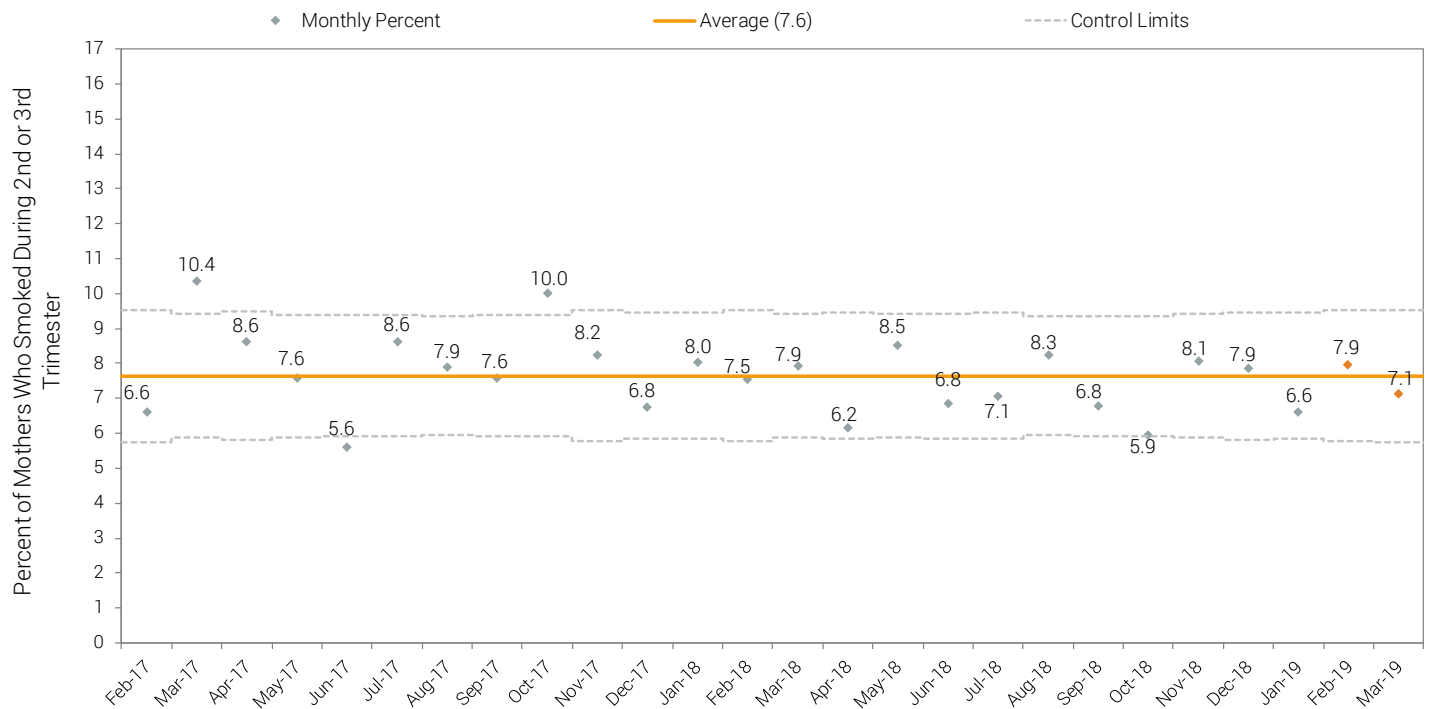
‡ Percentage of short spaced pregnancies does not include first time mothers or pregnancies where information pertaining to previous live birth was missing/unknown

Data Source: ODH Vital Statistics

MATERNAL SMOKING RATE

Smoking, tobacco use, and other forms of substance use and abuse during pregnancy can be extremely harmful to a developing baby. Women who smoked during pregnancy in Hamilton County were 44% more likely to experience an infant death. The percentage of births in Hamilton County where the mother smoked in the 2nd or 3rd trimester (the last 6 months of pregnancy) for March 2019 was 7.1% (Figure 8). This was slightly lower than the average number of births to women who reported smoking in the 2nd or 3rd trimester for Hamilton County (7.6%)

Figure 8. Maternal Smoking Rate Surveillance Chart, Hamilton County, Feb 2017 - Mar 2019*



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 Data Source: ODH Vital Statistics



SLEEP-RELATED DEATHS

A sleep-related death is the death of an infant due to unsafe sleeping environments. A safe sleeping environment is one in which the infant is sleeping alone, on their back, and in a crib. Unsafe sleeping environments can consist of co-sleeping (a parent, adult or older child sharing a bed with an infant), an infant sleeping on a couch, an infant sleeping in a crib filled with blankets or pillows, or an infant being put to sleep on his/her stomach. There have been 6 sleep-related deaths in Hamilton County in 2019 so far. However, as further iterations of the report are published, the number of sleep-related deaths may change as records become finalized and complete.

Sleep-Related Deaths in Hamilton County, 2019 Year-to-Date



ALWAYS FOLLOW THE ABC'S OF SAFE SLEEP, EVEN DURING NAP TIME.



Alone **B**ack **C**rib

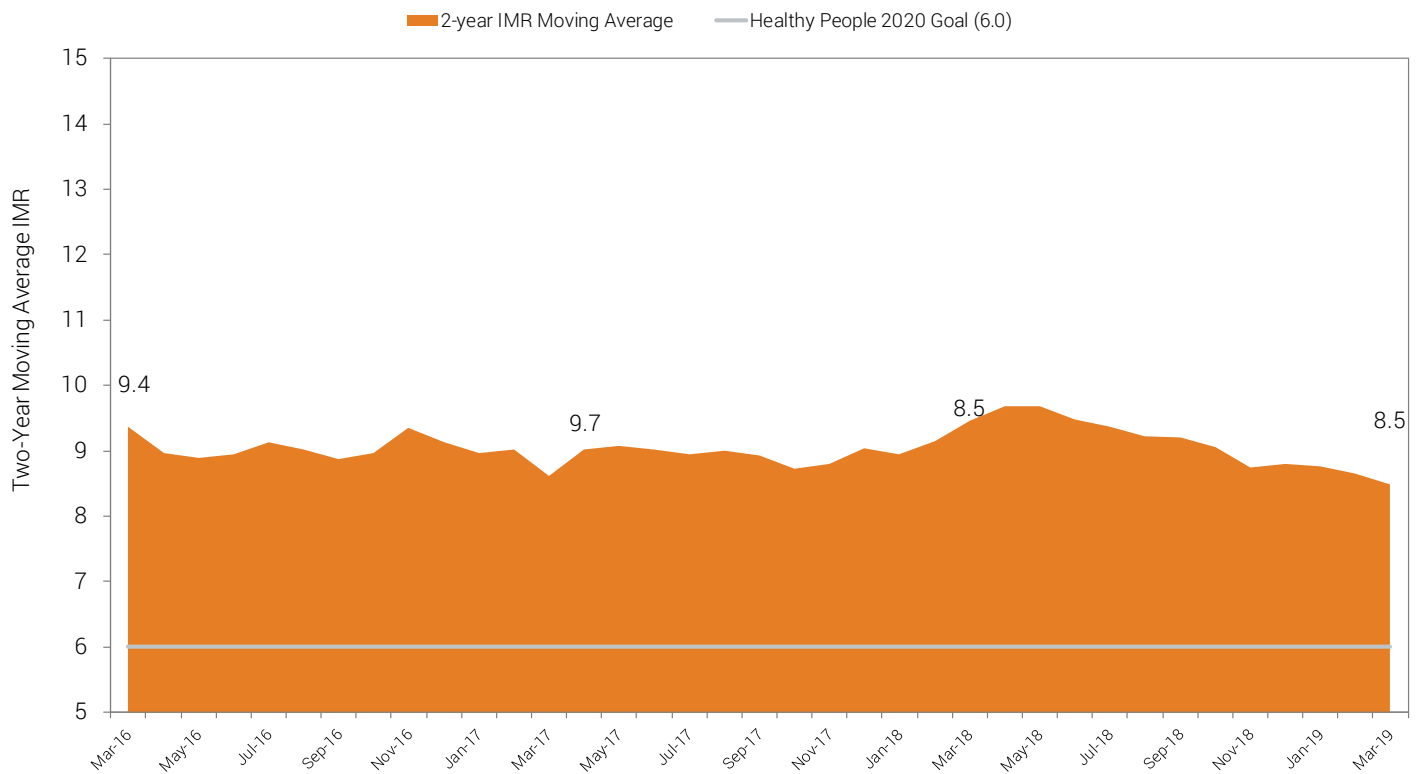
Baby sleeps safest alone, on their back, in a crib.



TWO-YEAR MOVING AVERAGE

Reviewing monthly rates is one approach used to determine whether there has been a change over time in infant deaths. However, monthly rates have a tendency to fluctuate and may hide emerging trends. An alternative measure is the un-weighted, monthly moving average, which can provide a more stable picture of evolving patterns. In Figure 10, the infant mortality rate for each month is the 24-month average of months immediately prior to and including the current month. The two-year moving average decreased from March 2016 (9.4) to March 2019 (8.5) as shown in Figure 10. Please note that the two-year moving average is subject to change based on new data, which may ultimately affect current trends. Multiple approaches are required to measure the impact of efforts to reduce infant mortality.

Figure 10. Two-Year Moving Average Infant Mortality Rate by Month, Hamilton County, Mar 2016 - Mar 2019*



NOTE: The infant mortality rate for each month in the average of the 24 months immediately prior to and including the last month.

*Data for 2018 & 2019 are provisional; ODH reconciles (i.e. finalizes) data by fall of the subsequent year.

Data Source: ODH Vital Statistics



APPENDIX A

GENERAL GUIDELINES FOR USING SURVEILLANCE CHARTS

The Hamilton County Infant Mortality Surveillance System (HCIMSS) uses surveillance charts to monitor infant mortality rates, preterm birth rates, and other birth outcomes. These charts provide a method for monitoring the status of infant health over time and provide timely feedback on the effectiveness of local efforts to reduce infant deaths.

Several tools are included in the surveillance charts that help facilitate interpretation:

1. A baseline - the center line which is the average number of deaths per month over the preceding two years,
2. A goal line which shows the goal that has been established by the community,
3. Upper and lower control limits (dashed) that allow user to detect unusual events.

Annotations indicate when certain interventions began or special changes occurred.

Here are some types of unexpected events that could be detected within surveillance charts:

- A single point outside of the control limit
- A run of eight or more consecutive points below or above the center line
- Six consecutive decreasing or increasing points
- Two out of three consecutive points near a control limit.

This report was prepared by Hamilton County Public Health, Department of Community Health Services, Division of Epidemiology and Assessment in collaboration with Cradle Cincinnati.



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