Hamilton County Maternal and Infant Health Monthly Surveillance Report

March 2014

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Hamilton County Public Health
Prevent. Promote. Protect.

Cradle Cincinnati
Every Baby Every Day
Introduction

The series of Maternal and Infant Health Monthly Surveillance Reports are part of a county-wide initiative to improve maternal and infant health and reduce infant mortality. In order to take effective actions to improve the health and safety of infants in the community, it is essential to identify, describe and monitor the problems and populations at risk. This report characterizes the current status of infant mortality in Hamilton County.

The data sources for this report series have been enhanced to improve the monthly surveillance process. The Ohio Department of Health (ODH) is now providing additional monthly mortality data to Hamilton County Public Health that will be used to improve the timeliness and accuracy of monthly surveillance. These provisional data are numbers only and do not include any additional information from birth or death certificates (Appendix A). The mortality data included in this report were obtained from ODH on April 8, 2014 and May 6, 2014; the birth data were updated on the Ohio Public Health Information Warehouse on April 8, 2014.

Infant Mortality Surveillance

Public health surveillance is the ongoing systematic collection, analysis, interpretation and dissemination of data regarding a health-related event for use in public health action to reduce morbidity and mortality and improve health1. The Maternal and Infant Health Surveillance System is designed to better understand infant morbidity and mortality in our community, monitor infant deaths and evaluate whether collective actions to prevent infant deaths are effective. The surveillance charts contained within this report are tools that are used to monitor infant mortality in our community. Please read the General Guidelines for Using Surveillance Charts in Appendix B.

One measure of infant mortality is the number of infant deaths per month. In March 2014, there were 7 infant deaths within Hamilton County. Two of the infant deaths that occurred in March 2014 in Hamilton County, occurred amongst Cincinnati residents. Table 1 displays the provisional number of infant deaths and births for each month in 2013 and 2014. Please see Appendix A on Page 9 to learn more about provisional death data limitations.

### Table 1. Number of Infant Deaths and Births, Hamilton County, 2013-2014

<table>
<thead>
<tr>
<th>Month</th>
<th>Infant Deaths 2013</th>
<th>Infant Deaths 2014</th>
<th>Infant Births 2013</th>
<th>Infant Births 2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>January</td>
<td>7</td>
<td>6</td>
<td>880</td>
<td>886</td>
</tr>
<tr>
<td>February</td>
<td>9</td>
<td>1</td>
<td>774</td>
<td>847</td>
</tr>
<tr>
<td>March</td>
<td>11</td>
<td>7</td>
<td>872</td>
<td>852</td>
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<tr>
<td>April</td>
<td>5</td>
<td></td>
<td></td>
<td>865</td>
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<tr>
<td>May</td>
<td>14</td>
<td></td>
<td></td>
<td>931</td>
</tr>
<tr>
<td>June</td>
<td>4</td>
<td></td>
<td>886</td>
<td></td>
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<tr>
<td>July</td>
<td>4</td>
<td></td>
<td>994</td>
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<tr>
<td>August</td>
<td>8</td>
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<td>957</td>
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<tr>
<td>September</td>
<td>5</td>
<td></td>
<td>919</td>
<td></td>
</tr>
<tr>
<td>October</td>
<td>11</td>
<td></td>
<td>879</td>
<td></td>
</tr>
<tr>
<td>November</td>
<td>10</td>
<td></td>
<td>869</td>
<td></td>
</tr>
<tr>
<td>December</td>
<td>7</td>
<td></td>
<td>915</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>95</td>
<td>14</td>
<td>10,741</td>
<td>2,585</td>
</tr>
</tbody>
</table>

### Infant Mortality Rates

Another method used to monitor infant mortality is the examination of the number of infant deaths in relation to the total number of births. An increase in the number of infant deaths may not be surprising if there is also an increase in the overall number of babies born. To evaluate infant deaths with regard to the number of babies born, the Infant Mortality Rate (IMR) is calculated. The monthly IMR is the number of infants (children less than one year of age) who died, divided by the number of live births during the month per 1,000 live births. The Neonatal Infant Mortality Rate (NIMR) is a specific IMR for neonates (infants younger than 28 days) who died per 1,000 live births.

The IMR for March 2014 was 8.2 infant deaths per 1,000 live births (Figure 4). March was below the average IMR (8.86) as shown in Figure 1. Subsequent reports will provide improved statistical validity of these estimates (Appendix A). The March 2014 NIMR was below the upper statistical thresholds and is displayed in Figure 2. The March NIMR (5.9) is above the Healthy People 2020 goal of 4.1 neonatal deaths per 1,000 live births and below the Hamilton County 24-month average of 6.52 neonatal deaths per 1,000 live births. Neonatal deaths accounted for 75.2 percent of the January 2013-March 2014 infant deaths as of data collected on April 8, 2014 and May 6, 2014. As can be seen from the comparison of Hamilton County rates and national infant health goals, Hamilton County is experiencing problems within the community regarding maternal and infant health.
Figure 1. Infant Mortality Rate Surveillance Chart, Hamilton County, Feb 2012—Mar 2014*

- Monthly IMR
- Healthy People 2020 Goal (6.0)
- Average (8.86)
- Control Limits

NOTE: The mean is calculated using two years of data from Feb 2012—Jan 2014. Yellow points are more likely to change in future reports.

* Data for 2013-2014 are provisional; ODH reconciles (i.e. finalizes) data by fall of the subsequent year.

Data Source: ODH Vital Statistics

Figure 2. Neonatal Mortality Rate Surveillance Chart, Hamilton County, Feb 2012—Mar 2014*

- Monthly NIMR
- Healthy People 2020 Goal (4.1)
- Average (6.52)
- Control Limits

NOTE: The mean is calculated using two years of data from Feb 2012—Jan 2014. Yellow points are more likely to change in future reports.

* Data for 2013-2014 are provisional; ODH reconciles (i.e. finalizes) data by fall of the subsequent year.

Data Source: ODH Vital Statistics
Preterm, Very Preterm, and <23 Weeks Gestation Birth Rates

The preterm birth rate is the percentage of infants born before 37 weeks gestation. The very preterm birth rate is the percentage of infants born before 32 weeks gestation. Preterm birth is a significant risk factor of infant mortality and many other adverse health outcomes. The average preterm birth rate in Hamilton County (13.5 percent) is above the Healthy People 2020 goal of 11.4 percent. The provisional preterm birth percentage for March 2014 is 12.6 percent; this rate is above the Healthy People 2020 goal of 11.4 percent for all live births. The average very preterm birth percentage in Hamilton County (2.26 percent) is above the Healthy People 2020 goal of 1.8 percent. The provisional very preterm birth percentage for March 2014 is 3.5 percent; this rate is above the Healthy People 2020 goal of 1.8 percent for all live births. The provisional <23 weeks gestation birth percentage for March 2014 is 0.1 percent in Hamilton County is below the average <23 weeks gestation birth rate in Hamilton County (0.42 percent). The <23 weeks gestation birth rate is also important to track as approximately 1/3 of infant deaths within Hamilton County each year are from babies who are born earlier than 23 weeks gestation. These babies are born so early that their chance of survival after being born is very small. By preventing preterm births in Hamilton County, infant morbidity and mortality can be reduced, ultimately preserving the community’s financial resources and providing children with a healthy start to life.

**Figure 3. Preterm Birth Rate Surveillance Chart, Hamilton County, Feb 2012—Mar 2014**

- Monthly Percent
- Healthy People 2020 Goal (11.4)
- Average (13.5)
- Control Limits

**NOTE:** The mean is calculated using two years of data from Feb 2012—Jan 2014. Yellow points are more likely to change in future reports.

* Data for 2013-2014 are provisional; ODH reconciles (i.e. finalizes) data by fall of the subsequent year.

Data Source: ODH Vital Statistics
Figure 4. Very Preterm Birth Rate Surveillance Chart, Hamilton County, Feb 2012—Mar 2014*

- Monthly IMR
- Healthy People 2020 Goal (1.8)
- Average (2.87)
- Control Limits

NOTE: The mean is calculated using two years of data from Jan Feb 2012—Jan 2014. Yellow points are more likely to change in future reports.

* Data for 2013—2014 are provisional; ODH reconciles (i.e. finalizes) data by fall of the subsequent year.

Data Source: ODH Vital Statistics

Figure 5. <23 Weeks Gestation Birth Rate Surveillance Chart, Hamilton County, Feb 2012—Mar 2014*

- Monthly Percent
- Average (0.42)
- Control Limits

NOTE: The mean is calculated using two years of data from Feb 2012—Jan 2014. Yellow points are more likely to change in future reports.

* Data for 2013—2014 are provisional; ODH reconciles (i.e. finalizes) data by fall of the subsequent year.

Data Source: ODH Vital Statistics
Adequately Spaced Pregnancies

It has been shown that waiting 18 months between giving birth to one baby and conceiving the next gives a woman the best chance to have a healthy, full-term baby. When mom’s body has enough time to heal, her next pregnancy is healthier. Not waiting 18 months or more is strongly associated with premature birth, a factor in two thirds of Hamilton County’s 2012 infant deaths. Figure 6 below shows the percentage of pregnancies that are adequately spaced (18+ months from delivery to conception). By informing mothers about properly spacing pregnancies, the risk of adverse health complications and premature death of the infant could be reduced.

Figure 6. Percentage of Pregnancies Adequately Spaced, Hamilton County, Feb 2012—Mar 2014*

Maternal Smoking Rate

Tobacco use, and other forms of substance abuse during pregnancy, can be extremely harmful to a developing baby. Recent data show us that local women who smoked during pregnancy were 44% more likely to have an infant death. The provisional rate for March 2014 was 13.2 percent (Figure 7). This rate was above the average rate of women who smoked during pregnancy for Hamilton County (12.8 percent) as shown in Figure 7.
Figure 7. Maternal Smoking Rates, Hamilton County, Feb 2012—Mar 2014*

- Monthly Percent
- Average (12.8)
- Control Limits

NOTE: The mean is calculated using two years of data from Feb 2012—Jan 2014. Yellow points are more likely to change in future reports.

* Data for 2013-2014 are provisional; ODH reconciles (i.e. finalizes) data by fall of the subsequent year.

Data Source: ODH Vital Statistics

Sleep-Related Death

A sleep-related death is the death of an infant due to unsafe sleeping environments. A safe sleeping environment is one in which the infant is sleeping alone, on their back and in a crib. Unsafe sleeping environments can consist of co-sleeping (a parent or adult sharing a bed with an infant), an infant sleeping on a couch or in a crib filled with blankets or pillows, or an infant being put to sleep on his/her stomach. There have been no sleep-related deaths in Hamilton County in 2014 so far. However, as further iterations of the report are published, the number of sleep-related deaths may change as records become finalized and complete.
Two-Year Moving Average

Reviewing monthly rates is one approach used to determine whether there has been a change over time in infant mortality. However, monthly rates have a tendency to fluctuate and may disguise emerging trends. An alternative measure in the un-weighted, monthly moving average, which can provide a more stable picture of evolving patterns. In Figure 8, the infant mortality rate for each month is the 24-month average of months immediately prior to and including the current month. The two-year moving average has decreased from Mar 2011 (10.5) to Mar 2014 (8.5) as shown in Figure 8. Please note that the two-year moving average is subject to change based on new data, which may ultimately affect current trends. Multiple approaches are required to measure the impact of efforts to reduce infant mortality.

Figure 8. Two-Year Moving Average Infant Mortality Rate by Month, Hamilton County, Mar 2011—Mar 2014*

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NOTE: The infant mortality rate for each month is the average of the 24 months immediately prior to and including the last month.

* Data for 2013-2014 are provisional; ODH reconciles (i.e., finalizes) data by fall of the subsequent year.

Data Source: ODH Vital Statistics
Cradle Cincinnati’s Corner

Do you know your safe sleep ABCs? Babies should always sleep:

A Alone B on their Back C in a Crib

However, deaths resulting from unsafe sleep practices still account for a significant portion of infant deaths in our state. The Ohio Department of Health recorded 819 sleep-related infant deaths from 2007 to 2011. In 60 percent of cases, babies slept in unsafe sleep environments, including areas other than cribs. More than half of deaths involved bed-sharing.

Hamilton County’s rate of sleep-related deaths is three times the national rate. In 2013, 16 percent of infant deaths were impacted by unsafe sleep, most could have been prevented through education or access to cribs. The Cincinnati Health Department and the Perinatal Community Action Team recently held a safe sleep ambassador training to promote and influence safe sleep practices in our community. Hosted at the Villages of Roll Hill Community Center, the training was attended by both community members and health professionals. Additional training will be held throughout the year in neighborhoods around Cincinnati.

*How can you help?* Become a safe sleep ambassador. Attend or promote an upcoming safe sleep ambassador training. For more information, contact Corinn Taylor, Fetal and Infant Mortality Review Director, at 513.357.7266. You can also connect families to cribs through United Way of Greater Cincinnati’s 211 Hotline by calling 211.

For more information, visit us at cradlecincinnati.org
Or follow us on Twitter at @CradleCincy

Appendix A-Data Limitations

There are multiple datasets that can be used to support surveillance activities associated with infant mortality. Two primary data sources are used to supply the data from monthly Maternal and Infant Health Surveillance Reports ([http://www.hamiltoncountyhealth.org/en/resource_library/reports.html](http://www.hamiltoncountyhealth.org/en/resource_library/reports.html)). Both of these data sources are considered provisional until the ODH completes data reconciliation processes each year. Provisional Data Source A (PDS-A) contains records that correspond to filed certificates and are linkable (i.e., birth to death records), whereas Provisional Data Source B (PDS-B) contains records that correspond to both filed and unfiled/pending certificates and are not linkable. PDS-A is used for more in-depth analysis of risk factors, but suffers from incompleteness due to missing unfiled/pending certificates. PDS-B is used to collect death data more expeditiously, but provides only count data, precluding more in-depth analysis of prenatal and perinatal risk factors. Data from both PDS-A and PDS-B become more accurate as the length of time increases from event to report. Annually, ODH releases a reconciled dataset that contains final cause of death information and geographic information.

PDS-B is used in this report to provide the count statistics in each section except infant deaths within the City of Cincinnati (Figure 1) and preterm births (Figure 3-5). Table 2 displays the discrepancy between the two infant mortality data sources from ODH. Please note that delayed certificates directly impact data quality, and therefore the integrity of findings shared in this report.

<table>
<thead>
<tr>
<th>Data Source</th>
<th>Hamilton County, 2013-2014</th>
<th>2013</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>No. Infants &lt; 1 yr.</td>
<td></td>
<td></td>
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<tr>
<td>PDS-A</td>
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<td>12</td>
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<tr>
<td>PDS-B</td>
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<tr>
<td>Discrepancy</td>
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<td>2</td>
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</table>

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Appendix B

General Guidelines for Using Surveillance Charts

The Hamilton County Infant Mortality Surveillance System (HCIMSS) uses surveillance charts to monitor infant mortality rates and preterm birth rates. These charts provide a method for monitoring the status of infant health other time and provide timely feedback on the effectiveness of local efforts to reduce infant deaths and preterm births.

Several tools are included in the surveillance charts that help facilitate interpretation: 1 a baseline—the center line which is the average number of deaths per month over the preceding two years, 2 a goal line which shows the goal that has been established by the community and 3 upper and lower control limits [dashed] that allow users to detect unusual evens. Annotations indicate when certain interventions began or special changes occurred.

Here are some types of unexpected events that could be detected within surveillance charts:

⇒ A single point outside of the control limit
⇒ A run of eight or more consecutive points below or above the center line
⇒ Six consecutive decreasing or increasing points
⇒ Two out of three consecutive points near a control limit

This report was prepared by Hamilton County Public Health, Department of Community Health Services, Division of Epidemiology and Assessment in collaboration with Cradle Cincinnati.

Thank you to John Paulson, Ohio Department of Health Center for Public Health Statistics and Information, and Merrily Wholf, Ohio Bureau of Child and Family Health Services, for providing data for this report.