

PREVENT. PROMOTE. PROTECT.

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## **NEWS**

SEASONAL FLU VACCINE AVAILABLE AT SITES ACROSS HAMITLON COUNTY Limited amount of flu shots for anyone 6 months and older, by appointment only

**HAMILTON COUNTY, OHIO** – Hamilton County Public Health (HCPH) is working with local communities to provide free seasonal flu vaccine on Saturday, November 6. For the last few years, Hamilton County Public Health has been working with local cities, villages and townships to develop a plan that would utilize familiar local places as Points of Dispensing should the need for mass medication or vaccine distribution arise during a public health emergency. By utilizing several Points of Dispensing, called PODs, travel and wait time will be minimal. This flu shot distribution is a simulation of how a POD would operate during a real emergency.

Flu vaccine is free and open to anyone 6 months and older, regardless of residency. Individuals **<u>must</u>** pre-register by calling 513-946-7800 between October 20 and November 3. Name, phone number, number in household seeking vaccine and number of children younger than 35 months will need to be provided for pre-registration. Only the flu shot version of the seasonal flu vaccine will be available.

## All locations will operate on Saturday, November 6 from 9 a.m. to noon.

Deer Park High School 8351 Plainfield Rd, Deer Park 45236

LifeSpring Christian Church 1373 W. Galbraith Rd. North College Hill 45231

Mt. Notre Dame High School 711 E. Columbia Ave., Reading 45215

Wyoming Public Safety Building 600 Grove Ave., Wyoming 45215

Fairfax (R.G. Cribbets) Recreation Center 5903 Hawthorne St., Fairfax 45227

St. Thomas Episcopal Church 100 Miami Ave, Terrace Park 45174

Crosby Twp. Senior Center 8910 Willey Rd, Crosby Township 45030

Flu is a serious contagious disease that can lead to hospitalization and even death. Getting a flu shot is the single best way to avoid getting the flu. The U.S. Centers for Disease Control and Prevention recommends that everyone 6 months and older receive a yearly flu vaccine.

There are many different flu viruses and the flu vaccine protects against the three viruses that research suggests will be most common this season, including H1N1.

In addition to being vaccinated, everyone can help stop the spread of illness by washing hands thoroughly and often; avoiding touching eyes, nose and mouth; staying away from sick people; covering mouths when sneezing or coughing; and staying home from work or school if sick.