



PREVENT. PROMOTE. PROTECT.

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NEWS

LINCOLN HEIGHTS ELEMENTARY CELEBRATES WALK TO SCHOOL DAY

Families are encouraged to walk with students to school

HAMILTON COUNTY, OHIO (10/04/10) – On Wednesday, October 6 Lincoln Heights Elementary School will participate in International Walk to School Day. As part of the We THRIVE!sm initiative that has been ongoing since October 2008, the school continues to be proactive in providing a healthy environment where students can learn. We THRIVE!sm is working in partnership with the Greater Cincinnati Safe Kids Coalition and FedEx to sponsor this program.

Walk to School Day is an opportunity to promote physical activity and pedestrian safety to students. The Village of Lincoln Heights is a community where all students live less than one mile from school, a reasonable distance for walking each day. However, many students are bussed to school due to safety and walkability issues, so the Walk to School Day event offers safety and education to support walking. Volunteers will be stationed throughout the community in the morning to safely direct students to school. After breakfast, youth will participate in an educational assembly to learn about pedestrian and bus safety.

“Lincoln Heights Elementary wants to encourage all of our students to walk to school on October 6,” Brenda Miller, Principal, said. “We know that healthy learners are better learners. This event provides the opportunity for students to have physical activity and learn how to be safe when they are walking or biking.”

This is the first time that Lincoln Heights Elementary has participated in a Walk to School Day event. Hamilton County Health Commissioner Tim Ingram will join students in walking Wednesday morning.

“Hamilton County is proud to support the many schools that are participating in this event,” Ingram said. “We want all students to have access to safe physical activity opportunities and I will be walking with students on Wednesday morning to help encourage healthy behaviors.”

Volunteers will be on-hand to walk with students from 8:15-8:45 a.m. with the educational assembly starting at 9:00 a.m. Parents are also encouraged to come out and walk with their children.

The We THRIVE!sm initiative promotes physical activity and healthy eating, reduced tobacco use and exposure, and builds community capacity for systems, environmental, and policy change aimed to reduce the burden of disease related to obesity, diabetes and cardiovascular illness. To join the movement, visit WatchUsThrive.org.

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