



Contact: Mike Samet

Phone: 513-946-7873

E-mail: mike.samet@hamilton-co.org

For Immediate Release: December 30, 2011

#

#

## **Fourteen Childcare Centers Adopt WeTHRIVE! Resolutions**

*Centers Make Healthy Lifestyle Changes for Youth*

**HAMILTON COUNTY, OH.....**Fourteen Hamilton County childcare facilities are formally resolving to implement healthy lifestyle initiatives for their students by adopting WeTHRIVE! Physical Activity and Nutrition Resolutions. These centers are the leaders in making health a priority and fostering successful learning environments.

Each childcare center agrees to: offer healthy foods and beverages; expand opportunities for children to engage in physical activity; integrate promotion of healthy eating and active living into program curricula; and implement policies to create indoor and outdoor tobacco-free areas.

The childcare facilities are:

- **Colerain Township:** Total Quality Child Care; Youthland Academy of Colerain
- **Corryville:** The Willow Tree House Daycare
- **Forest Park:** Future Leaders Learning Center
- **Lincoln Heights:** Nurturing PIES, Little Ark of Life Learning Center
- **Lockland:** Little Learners I & II
- **Madisonville:** The Children's Home of Cincinnati Preschool
- **Walnut Hills:** Walnut Hills School Age Child Care
- **Westwood:** Alphabet Junction, Inc.
- **Woodlawn:** Lawson Valley Day Care; Barbara's Day Care Center; Tender Care Child Development Center

"As most of us know, obesity and tobacco are threats to health in our area," according to Hamilton County Public Health Commissioner, Tim Ingram. "These centers have stepped up to make healthy changes and have taken a leadership role in providing healthy environments for their children."

## Childcare Resolutions

2/2

WeTHRIVE! staff will continue working with child care centers throughout the county to adopt resolutions. Centers that engage in the process will receive: technical assistance including model policies; cooking demonstrations; consultation with a licensed dietitian; menu audits and planning; developing materials and Coordinated Approach to Child Health (CATCH) training for staff. Interested centers can contact Kiana Trabue at 513-946-7947 for more information.

*WeTHRIVE! is a collaborative community program focused on changing social norms by creating policy, systems and environmental changes, with the ultimate goal of making the healthy choice the easy choice. For more information, go to [WatchUsThrive.org](http://WatchUsThrive.org) or follow WeTHRIVE! on [Facebook](#) and [Twitter](#) at WatchUsThrive.*

###